

SPRING 2024



 FLASH
POINT

AS FLASHPOINT ENTERS its fourth year of publishing vibrant, conversation-starting titles, we continue to find inspiration in the beautiful place we call home—the Pacific Northwest. In spring, the landscape here transforms, unfurling countless shades of green. As we Seattleites peer out from behind our raincoats to feel the sun on our faces, we are motivated to embark on new adventures. Spring inspires growth, change, and second chances—and it invites us to be vulnerable and brave, to push outside our comfort zones.

Our Spring 2024 titles do just that, offering healthy doses of advice, inspiration, innovation, and pure joy that pair perfectly with the vitamin D of spring sunshine. Take archaeologist Alexandra Chan’s stunningly illustrated memoir, *In the Garden Behind the Moon*, a lyrical journey with an unforgettable family that takes us from imperial China to the American South to the black sands of Iceland and beyond—a powerful story that asks big questions and challenges us to see our lives as much larger and more interconnected than we can imagine. In the *Metabolism Makeover Workbook*, bestselling author and health coach Megan Hansen brings her characteristic friendly and approachable tone to quizzes, prompts, and exercises that help readers create a unique, targeted plan to move forward with confidence. New moms can practice radical self-acceptance with *Mom Your Way* by Yasmin Kaderali, CEO of the beloved parenting brand Mommy’s Bliss. A guide to the first year of motherhood, it’s honest, gentle, funny,

and refreshing. For aspiring home cooks who want to jumpstart their health journeys, chef Jason Raffin’s *Keto Like a Chef* is a gorgeous, mouthwatering, and innovative take on eating keto. Or celebrate the lengthening days of spring with boat-to-table cooking and dining courtesy of the Crab Pot restaurant, a Seattle institution that highlights the culinary traditions of the Pacific Northwest with dozens of iconic and delicious recipes. Finally, what better way to help children gain confidence and autonomy than to read and sing along with *Rufus & Bea*, a sweet songbird and a helpful honeybee? In this adorable children’s book, Ryan and Lisa Cummins, the musical duo behind Tiny Prime, present the first in a series of lighthearted adventures designed to foster positive mental health in children through songs and stories.

We’re so grateful for our wonderful authors and the support of readers, booksellers, and our publishing colleagues the world over. As a small, women-owned publisher, and a relatively new one at that, we’re proud of the eight seasons of stories filling the pages of this catalog and bringing vivid color to the publishing landscape—this season, and all year long.



Emilie Sandoz-Voyer
Publishing Director, Flashpoint Books

In the Garden Behind the Moon

A Memoir of Loss, Myth, and Magic

Alexandra A. Chan



Alexandra Chan thinks she has life figured out until, in the Year of the Ram, the death of her father—her last parent—brings her to her knees, an event seemingly foretold in Chinese mythology.

A left-brained archaeologist and successful tiger daughter, Chan finds her logical approach to life utterly fails her in the face of this profound grief. Unable to find a way forward, she must either burn to ash or forge herself anew.

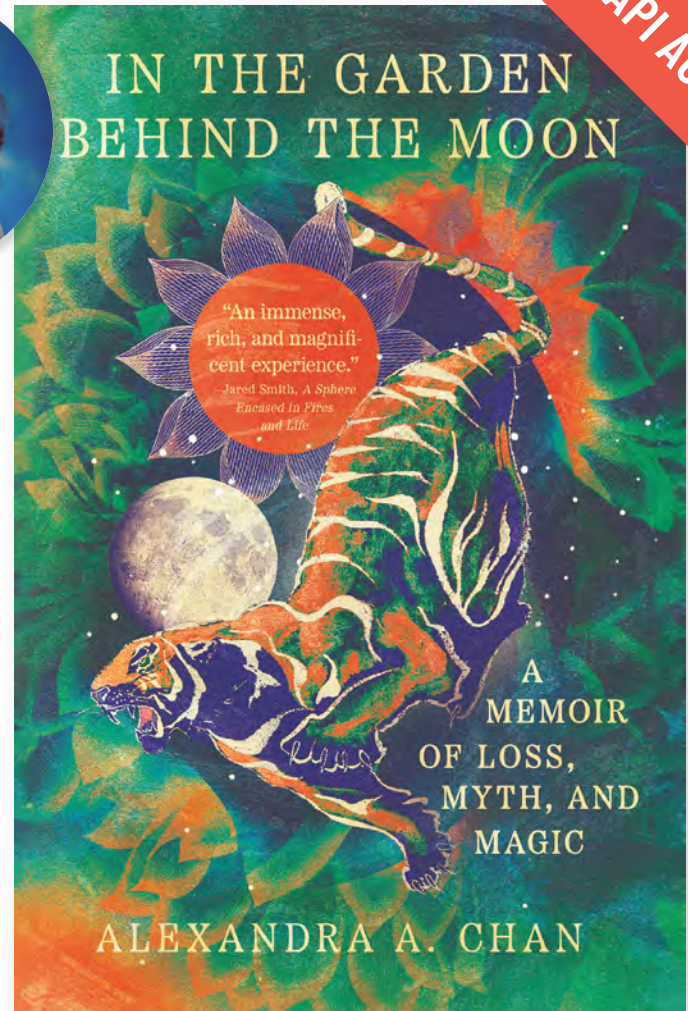
Slowly, painfully, wondrously, Chan discovers that her father and ancestors have left threads of renewal in the artifacts and stories of their lives. Through a long-lost interview conducted by Roosevelt's Federal Writers' Project, a basket of war letters written from the Burmese jungle, a box of photographs, her world travels, and a deepening relationship to her own art, the archaeologist and lifelong rationalist makes her greatest discovery to date: the healing power of enchantment.

In an epic story that travels from prerevolution China to the South under Jim Crow, from the Pacific theater of WWII to the black sands of Reynisfjara, Iceland, and beyond, Chan takes us on a universal journey to meaning in the wake of devastating loss, sharing the insights and tools that allowed her to rebuild her life and resurrect her spirit. Part memoir, part lyrical invitation to new ways of seeing and better ways of being in dark times, the book includes beautiful full-color original Chinese brush paintings by the author and fascinating vintage photographs of an unforgettable cast of characters. *In the Garden Behind the Moon* is a captivating family portrait and an urgent call to awaken to the magic and wonder of daily life.

ALEXANDRA A. CHAN is the author of *Slavery in the Age of Reason: Archaeology at a New England Farm*, as well as numerous journal articles and book chapters about the archaeology of northern slavery, early African America, and questions of race, place, identity, and becoming. She lives with her husband, her two sons, and their menagerie of animals in Portsmouth, New Hampshire.

KEY SELLING POINTS:

- **GUIDANCE ON NAVIGATING GRIEF AND LOSS:** Chan uses her own journey toward personal authenticity after loss to offer readers guidance on how to transmute pain into something greater, more meaningful, and magical. Prescriptive advice is incorporated throughout, offering tangible action items for readers.
- **FAMILY HISTORY BROUGHT TO LIFE:** A long-lost interview with Roosevelt's Federal Writers Project, a basket of war letters from the Burmese jungle, and a box of remarkable family photos intimately introduce the author and her family and help build great affection and familiarity with the reader.
- **FOUR-COLOR BRUSH PAINTINGS AND PHOTOS THROUGHOUT:** Includes over thirty of Chan's original brush paintings along with dozens of photos of Chan and her family that will help her story come alive for readers.
- **EARLY EXCITEMENT FROM READERS:** Early excerpts from the book were posted by the author in the Pantsuit Nation x Supermajority private Facebook group and the posts garnered 25–30K likes, thousands of shares, tens of thousands of comments, and hundreds of private messages encouraging her to write a book.



AAPI AUTHOR

2024

PUBLICATION: May 2024

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TRIM: 6 x 9

CATEGORY: Memoir/Grief

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-54-3

PRICE: \$24.95

ALSO AVAILABLE: Ebook, 978-1-959411-55-0



FROM THE FOUNDER
OF MOMMY'S BLISS

Mom Your Way

Judgment-Free Wisdom to Empower New Moms

Yasmin Kaderali



From the CEO of Mommy's Bliss comes a book for new moms that's not about the baby. It's about you, mama.

You might be just a few days out of the hospital or months into your sleep-deprived postpartum journey when the realization hits you: life as you know it—*your whole identity*—will never be the same. *Mom Your Way* will guide you through this fundamental shift into new motherhood. With a healthy dose of humor and comforting best-friend energy, Yasmin Kaderali shares judgment-free wisdom for navigating your postpartum life.

Based on Yasmin's years serving moms at the helm of the wellness brand Mommy's Bliss—and her own experience as the mom of two little boys—*Mom Your Way* dishes the dirt on what to expect in your postpartum months and offers useful advice on caring for your new self, from managing sleep and emotions to dealing with body changes that no one really talks about. You'll learn about building your support network, setting boundaries with family and friends, resisting labels, and banishing mom guilt. Throughout, Yasmin offers relatable anecdotes, simple tips, trusted product recommendations, and journaling prompts to help you thrive in the fourth trimester and beyond.

YASMIN KADERALI is the CEO of Mommy's Bliss, a brand that offers over-the-counter health and wellness solutions for babies, kids, moms, and moms-to-be. She is also the proud mom of two little boys. While Mommy's Bliss is known for leading product lines in the baby aisle of national stores, Yasmin is driven to disrupt the retail marketplace with products specifically crafted for new moms and their well-being. She believes that the transition to becoming a mom deserves more conversation, care, celebration, and understanding.

KEY SELLING POINTS:

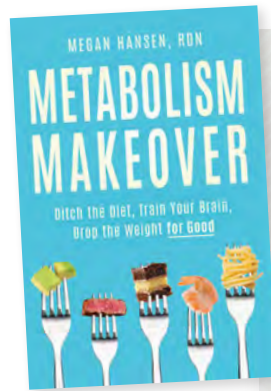
- **AUTHOR EXPERTISE IN PARENTING:** Author is a mother of two young children and the CEO of Mommy's Bliss, a family wellness brand: www.mommysbliss.com.
- **DIRECT MARKETING REACH:** Mommy's Bliss is a fast-growing consumer packaged goods company specializing in selling food supplements and over-the-counter remedies for families. The company is a leader in the baby category providing products that promote relief for many of the common health challenges families face from digestive issues to wellness products.
- **A GREAT GIFT:** Yasmin offers uplifting, judgment-free guidance with a tongue-in-cheek tone, making the book an appealing gift for new moms.
- **SHORT, "SNACKABLE" TIPS:** Book sections are short and "snackable," perfect for sleep-deprived new moms who only have snippets of time while the baby naps.
- **PROMOTION THROUGH MOMMY'S BLISS PLATFORMS:** Yasmin's book will be promoted on all the Mommy's Bliss social media platforms, including Instagram (48K followers), Facebook (332K followers), Pinterest (9.3K followers), and Threads (2.5K followers). Mommy's Bliss has nearly 130K email and SMS subscribers that they reach out to regularly with educational content, promotions, and new product launches.



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CATEGORY: Parenting
RIGHTS: World
FORMAT: Paperback
ISBN: 978-1-959411-52-9
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ALSO AVAILABLE: Ebook, 978-1-959411-53-6

Metabolism Makeover Workbook

Megan Hansen, RDN



MEGAN HANSEN, RDN METABOLISM MAKEOVER WORKBOOK

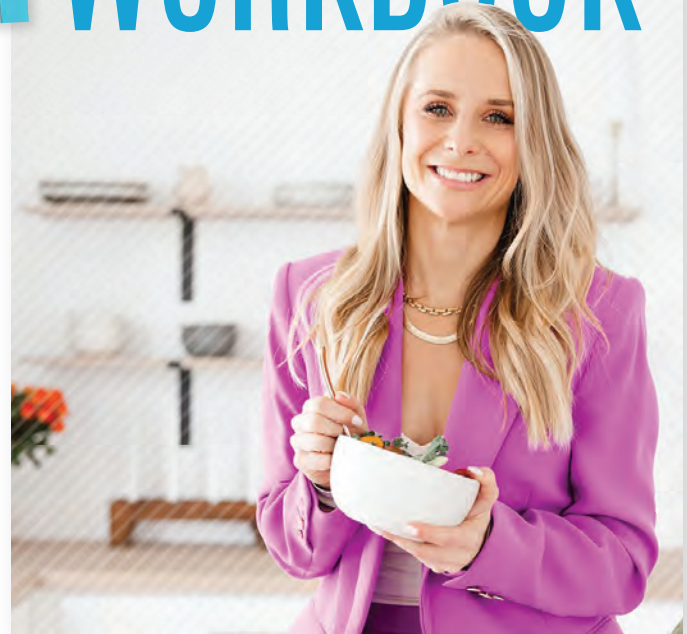
COMPANION TO THE
BESTSELLING BOOK

SEPTEMBER
2024

Welcome to the only wellness workbook you'll ever need—because your body already knows how to lose the weight and keep it off. This workbook will help you learn the successful Metabolism Makeover method so you can ditch the diet forever. In the *Metabolism Makeover Workbook*, registered dietitian nutritionist Megan Hansen strips away the complexity and confusion surrounding dieting and replaces them with a simple framework to help you regain control of your appetite, mindset, and life.

Say goodbye to obsessively tracking every morsel of food and beating yourself up for missing a workout. With the *Metabolism Makeover Workbook* you'll reflect on and review your habits, creating a conscious vision and goal for yourself. Then, you'll use that insight to build a realistic roadmap that works for you—detours included.

MEGAN HANSEN, a registered dietitian nutritionist, is the founder and CEO of Metabolism Makeover—a virtual nutrition-coaching business with a focus on weight loss and metabolic health. With a community of almost 40 dietitians and over 6,000 past and present clients, Hansen's company is dedicated to helping clients learn how to change their relationship with food so that they can lose the weight—and the food anxiety—and keep it off for good. As a speaker and industry leader, Megan has been featured in *EatingWell*, *Martha Stewart Living* magazine, and the *Skinny Confidential*. She lives in Atlanta, Georgia. Visit her website at www.metabolismmakeover.co.



KEY SELLING POINTS:

- **COMPANION TO BESTSELLING BOOK:** Workbook follow-up to the bestselling *Metabolism Makeover* (2023).
- **ANTIDOTE TO TOXIC DIET CULTURE:** We've been told that the key to weight loss is simple: eating less + exercising more = losing weight. But in this book, Hansen flips this dieting script on its head to show you how shifting your focus to learning about your metabolism is the real key to feeling good in your body at any stage of life.
- **PAGES FOR TRACKING HABITS:** Includes space and encouraging prompts for preparing and then reflecting on 52 weeks of your habits.
- **AUTHORED BY AN EXPERT:** Megan Hansen is a registered dietitian nutritionist with over a decade of experience, and the method she shares in the book is based on her training, her work with clients, and her own weight-loss journey, in which she shifted her focus from counting calories and trying endless new diets to resetting her metabolism.
- **STRONG AUTHOR PLATFORM:** Hansen is the founder and CEO of Metabolism Makeover, a virtual nutrition-coaching business with a focus on weight loss and metabolic health. Metabolism Makeover has 6K+ past and present clients and has 1K+ monthly members, and it is currently used and promoted by 40 certified dietitian coaches in their own practices. Hansen also has an email-newsletter list of 15K+ subscribers and a strong social media presence with 117K+ followers on her personal brand Instagram (@megan.the.dietitian), 54K+ followers on the Metabolism Makeover Instagram (@themetabolismmakeover), and 55K+ followers on TikTok (@megan.thee.dietitian).
- **EXISTING MEDIA COVERAGE:** Hansen has been quoted and has contributed to articles as an expert voice in *Martha Stewart Living* magazine, *EatingWell*, *Insider*, *StyleBlueprint*, and *Medium*, among other publications.

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TRIM: 7 x 10
CATEGORY: Workbook/Diet
RIGHTS: World
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ISBN: 978-1-959411-60-4
PRICE: \$18.95
ALSO AVAILABLE: N/A

Keto Like a Chef

Showstopping Recipes for Your Keto Table

Jason Raffin



Eat well, lose weight, and have fun with dozens of brilliant recipes to elevate your keto lifestyle and change the way you cook.

You think you know what keto is all about? Think again. Acclaimed chef Jason Raffin redefines what constitutes “good” keto food in this stunning cookbook. The food you use to fuel your body should taste amazing and be dressed to match. With finesse and creativity, character and joy, Raffin has created a new way to think about cooking and eating keto.

Filled with tips for method, technique, and presentation, this celebration of keto meals at the highest level is perfect for home cooks who are looking for something beyond the standard fare. Every imaginative recipe is designed to be easy to follow, allowing anyone to create restaurant-quality food from home—that also happens to be keto. Throughout, gorgeous photographs highlight the finished dishes as well as local farms and suppliers with whom Raffin frequently collaborates. With *Keto Like a Chef*, anyone can create food that excites the palate, delights the senses, and powers the body.

JASON RAFFIN is a longtime chef and restaurateur. Having graduated from the Culinary Institute of America Greystone, Raffin was mentored by Matthew Dolan of 25 Lusk before co-opening the popular Scotland Yard. He went on to lead the culinary teams at Finn Town Tavern and Comstock Saloon before moving to Maui in 2020. There, he founded the nonprofit Chef Collective for Covid to fund local farms, empower regional chefs, and feed vulnerable communities. Meanwhile, he has continued to work as the executive chef consultant for San Francisco restaurants such as Mission Street Burgers and Curio, as well as being the owner and executive chef at Ali'i Chefs & Catering. In the wake of the Maui fires of 2023, he has organized and is running the Maui Fire Chef Collective to feed those in need (mauifirechefcollective.com). He lives and works on Maui.

KEY SELLING POINTS:

- **AUTHOR IS A GOURMET CHEF WITH EXTENSIVE EXPERIENCE:** Jason Raffin cut his teeth at such San Francisco institutions as Rich Table and State Bird Provisions before starting his own popular Bay Area—restaurant (Scotland Yard). He currently owns Ali'i Chefs & Catering in Maui, where he partners with high-end clients for showstopping meals and events.
- **AUTHOR HAS A SUBSTANTIAL SOCIAL MEDIA PRESENCE:** The author has already established himself in the Instagram cooking world as well as the keto world, with 22K+ followers on his personal page.
- **PLANS FOR ACTIVE BOOK PROMOTION:** The author has already filmed several videos to be released in advance of his book publication and is actively working to develop his social media presence in order to ride the wave of interest he has received for his book among his followers.
- **BOOK FEATURES GORGEOUS FOOD AND LOCATION PHOTOGRAPHS:** The book features the beauty of restaurant-quality presentation in the gorgeous meals pictured, as well as the natural beauty of the Hawaiian islands.
- **INVOLVED AND PASSIONATE LOCAL CHEF:** Although he escaped the Lahaina fires with minimal possessions and lost his home and his business, Raffin has nevertheless immediately focused his efforts on supporting the struggling community he is a part of, organizing the Maui Fire Chef Collective (mauifirechefcollective.com) in order to gather local food-service professionals to feed and support victims of the fires. He intends to donate a portion of every book sale to the island’s relief and recovery efforts.

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CATEGORY: Cookbook
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PRICE: \$29.95
ALSO AVAILABLE: Ebook, 978-1-959411-57-4



The Crab Pot Cookbook

Boat-to-Table Recipes from Seattle's Iconic Waterfront Restaurant

The Griffith Family

Enjoy fresh seafood at home with these tried-and-true recipes from Seattle's classic waterfront restaurant, the Crab Pot.

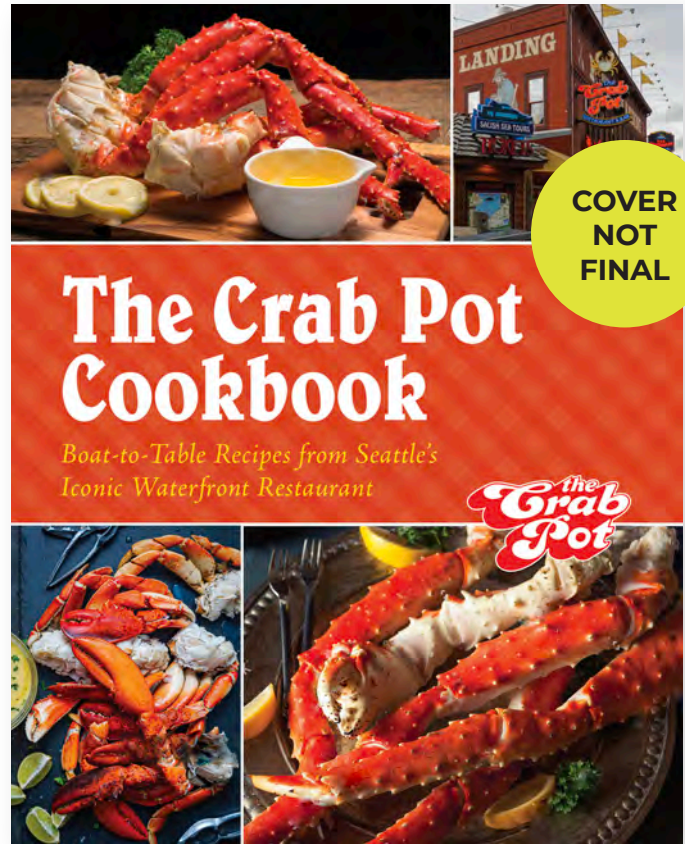
Located at Miner's Landing on Pier 57, right next to the Seattle Great Wheel, the Crab Pot is a landmark restaurant specializing in the Pacific Northwest's freshest, most delicious seafood. With *The Crab Pot Cookbook*, celebrate feasting the Seattle way with the most popular dishes from this iconic restaurant. This beautifully photographed cookbook features easy-to-follow recipes for everything from crab cakes, wild salmon tacos, and clam chowder to crab-stuffed mushrooms and the Seafeast—the Crab Pot's signature dish—piled high with steamed clams, oysters, mussels, crab, head-on shrimp, and more.

Gorgeous photo-essays throughout offer a glimpse at the history and life of the pier, the region, and the seafood in the Pacific Northwest, plus firsthand views of the Crab Pot's very own crabbing boat that capture all the joys of catching, cleaning, and preparing fresh seafood on deck. With this essential collection of recipes, perfect for seafood lovers of all stripes and for fans of Seattle's vibrant waterfront, you can bring the magic of a meal on Puget Sound right to your table.

THE GRIFFITH FAMILY is at the forefront of Seattle's waterfront development, led by the visionary Seattle businessman and waterfront developer Hal Griffith. Hal, along with his family, owns and operates Pier 57, the home of the iconic Seattle Great Wheel. This bustling pier, known as Miner's Landing, also features souvenir gift shops, tourist attractions, and restaurants such as the Crab Pot, offering a delightful experience for locals and tourists alike.

KEY SELLING POINTS:

- **RESTAURANT FAVORITES FOR THE HOME COOK:** *The Crab Pot Cookbook* will be a companion to The Crab Pot Restaurant, sharing simplified versions of the restaurant's popular dishes for home cooks to make and enjoy at home.
- **POPULAR RESTAURANT AND TOURIST DESTINATION:** The Crab Pot Restaurant serves over 625K customers a year at their Seattle location and over 930K customers across all three of their locations in Seattle and Bellevue, WA, and Long Beach, CA. An estimated 75% of customers are tourists. Miner's Landing at Pier 57, where the restaurant is located in Seattle, attracts about 3 million visitors per year.
- **PERFECT SOUVENIR:** In addition to recipes, *The Crab Pot Cookbook* will include the restaurant's history, information on Miner's Landing at Pier 57, and the history and practice of crabbing, making it the perfect gift or souvenir for restaurant regulars and tourists.
- **HELPFUL TIPS AND TRICKS:** The book will also be a useful resource for home cooks learning to cook seafood with helpful guidance on how to shop for the best seafood whether you live next to the ocean or are landlocked, what essential kitchen equipment you'll need to perfect every recipe, and the pantry staples you'll want to keep stocked.
- **EXPLAINS THE BOAT-TO-TABLE METHOD:** The Crab Pot Restaurant is devoted to the boat-to-table method to source fresh crab for their dishes. *The Crab Pot Cookbook* will highlight this boat-to-table approach, including a section on environmental conservation and sustainability related to seafood and how home cooks can source their own sustainable seafood.



SPRING 2024

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ALSO AVAILABLE: Ebook, 978-1-959411-51-2



Rufus & Bea

Ryan and Lisa Cummins
Illustrated by Hannah Pascoe



“You don’t have to impress. Just express.” —Bea

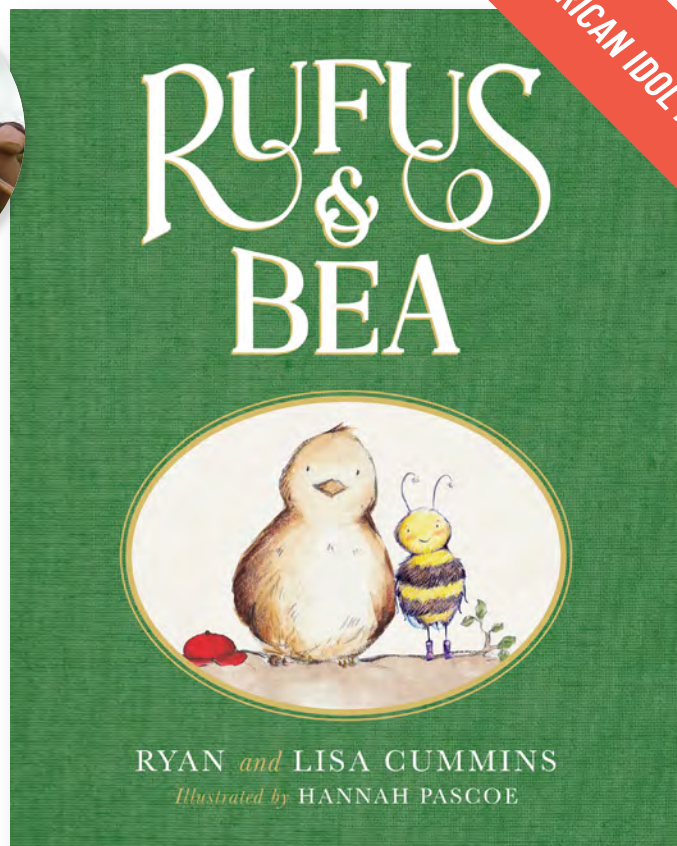
Singing and flying may seem like abilities that would come naturally to a songbird, but Rufus is having a hard time leaving his nest and finding his voice. When a curious honeybee named Bea notices his difficulties, she offers to help. Together, the two bravely take on the task of singing, one simple step at a time, and before long, Rufus has gained confidence—and a new best friend.

From the husband-and-wife musical duo and cocreators of *Tiny Prime*, the *Rufus & Bea* series helps families and friends enjoy the simple ritual of singing songs together, all while cultivating positive mental health and well-being for children. Perfect for early readers or for reading (and singing!) aloud, each story features timeless watercolor illustrations and connects with a special song that children can enjoy listening to and singing along with.

RYAN and LISA CUMMINS created *Tiny Prime* to support children’s mental health and strengthen family connections. They began this effort as new parents looking to nurture their own children’s early emotional development. Like so many parents before them, Ryan and Lisa found that the timeless tradition of sharing songs and stories was key to cementing lessons of love, joy, confidence, gratitude, resilience, and more. *Tiny Prime* has grown into a world of music, books, and educational tools that can be shared with children, families, and communities everywhere. Ryan and Lisa live in Nashville with their two sons and their golden retriever.

KEY SELLING POINTS:

- **FIRST BOOK IN A PLANNED SERIES THAT TIES-IN TO RECENTLY RELEASED ALBUM:** Lisa and Ryan Cummins launched the *Rufus & Bea* album in October 2023. This first book in the *Rufus & Bea* series ties into one of the album’s songs, “You Don’t Have to Sing (But if You Want to Please Do).” They are doing significant promotional work around the album, developing a listenership and audience in the lead-up to the first book’s publication. Future *Rufus & Bea* titles will tie in to other songs on the album.
- **AUTHOR IS A WELL-KNOWN SINGER-SONGWRITER AND FORMER AMERICAN IDOL CONTESTANT:** Lisa Tucker Cummins was only sixteen when she made it to the top ten of *American Idol* Season 5. She went on to perform in the *American Idol* World Tour and develop her own independent music career. *Tiny Prime* is a collaboration with her husband, Ryan, as they have turned their focus to supporting positive childhood development.
- **AUTHORS ARE PLANNING A BOOK AND ALBUM TOUR:** Authors are planning a book and album tour at indie bookstores across the United States to promote the book, the album, and the *Tiny Prime* brand, with planned dates from May to August 2024.
- **AUTHORS HAVE EXTENSIVE CONNECTIONS IN THE ENTERTAINMENT AND MEDIA WORLD:** Authors have a 1K+-person network of folks in entertainment and media whom they be promoting this to directly (1:1) and a pre-existing collection of communities of advocates aware of their upcoming launch. They have begun production on a podcast series specifically for *Rufus & Bea*, featuring leading world experts on the topic of children’s mental health and family connection. They have already completed interviews with folks like:
 - Dr. Gabor Maté (author of *Myth of Normal*)
 - Dr. Bruce Perry (coauthor, with Oprah, of *What Happened to You*)
 - Morgan Housel (author of *Psychology of Money*)
 - Dr. Anita Collins, leading neuromusicologist



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ALSO AVAILABLE: Ebook, 978-1-959411-59-8





The Kitchen Commune

Meals to Heal and Nourish Everyone at Your Table

By Chay Wike

Featuring more than 100 family-friendly, crowd-pleasing recipes—including gluten free, grain free, paleo, vegan, and more—for everyone.

Preparing a meal is an act of love for yourself and the ones you share it with. In this stunning cookbook, Chay Wike, author of the acclaimed home cooking and lifestyle blog *The Kitchen Commune*, offers a guide to reclaiming your health and nourishing your family and friends with easy, delicious, allergen-friendly recipes for all seasons.

CHAY WIKE is a self-trained home cook, a certified integrative nutrition health coach, and the creator of the food-focused wellness blog *The Kitchen Commune*. After being diagnosed with multiple autoimmune conditions, digestive issues, and, eventually, Lyme disease, she began a journey to healing using the undeniable power of functional nutrition and lifestyle medicine. Chay lives in the Pennsylvania countryside with her husband and their two teenage daughters.

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CATEGORY: Cookbook

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-959411-18-5

PRICE: \$34.95

ALSO AVAILABLE: Ebook, 978-1-959411-19-2



Lil' Luna's So Easy & So Yummy

The Ultimate Resource for Feeding Your Friends and Family

By Kristyn Merkley

Cook with joy and feed the ones you love with 200+ recipes for all occasions from the creator of the wildly popular Lil' Luna cooking blog.

Need a hand in the kitchen? *Lil' Luna* has you covered. From hearty breakfasts to festive apps to mouthwatering main courses, *Lil' Luna's So Easy & So Yummy* helps you navigate everything from meal prep and party planning to last-minute dinner solutions for your family. With more than 200 go-to, no-fail recipes—many ready in thirty minutes or less!—this innovative and approachable cookbook will revolutionize your mealtime routine.

Featuring tips, tricks, bonus recipes, and even links to online video instructions, most of the recipes within are designed with a big family or a bunch of friends in mind. Cooking for a smaller crew? Hello leftovers! You'll also find inspiration and support throughout with handy charts, checklists, and meal-planning guides. Whether you're feeding your family or a whole crowd, this crave-worthy cookbook is the ultimate resource for nourishing, tried-and-true recipes that are, above all, so easy and so yummy.

KRISTYN MERKLEY has been helping her family and others prepare simple and delicious meals since 2010 through her website, lilluna.com. Her avid following has come to appreciate her tried-and-true approach to helping everyone become successful in the kitchen.

PUBLICATION: October 2023

PAGE COUNT: 312

TRIM: 8 x 10

CATEGORY: Cookbook

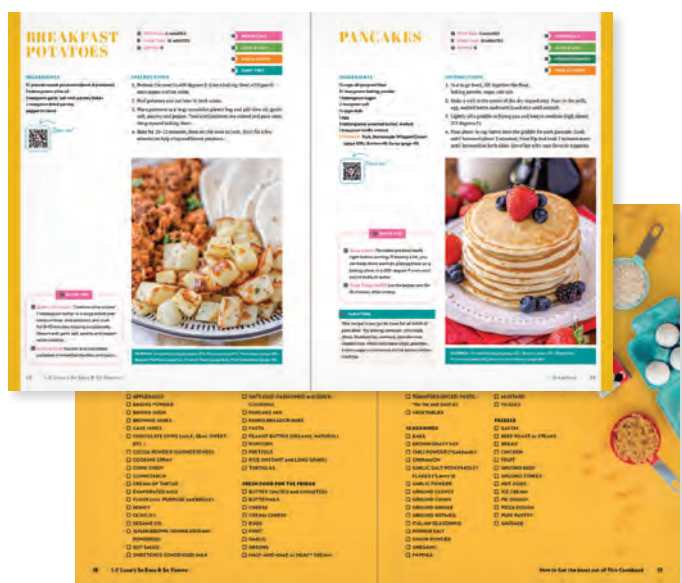
RIGHTS: World

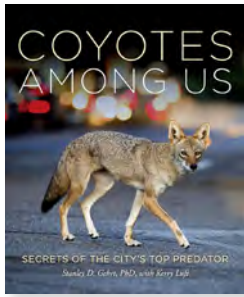
FORMAT: Hardcover

ISBN: 978-1-959411-45-1

PRICE: \$34.95

ALSO AVAILABLE: Ebook, 978-1-959411-46-8





Coyotes Among Us

Secrets of the City's Top Predator

By Stanley Gehrt, PhD,
with Kerry Luft

An eye-opening volume of photographs and research exploring one of North America's most persistent—and misunderstood—predators.

The coyote. Even its image conjures up more myth than fact. From its depictions as the “trickster” in ancient fables to its portrayal as a threat to humans and their pets in modern news sources, coyotes are rarely shown in a favorable light. Now, the Urban Coyote Research Project pulls back the curtain on the defamed coyote, revealing the surprising truth about this unique creature.

Though harassed and hunted for generations, today the coyote persists and even thrives. With an innate ability to adjust to new climates and environments, the coyote has developed an expansive range. Once confined to the American West, it lives in forty-nine states, across lower Canada, throughout Mexico, and all the way in Costa Rica. Its habitat sweeps from rural prairie to urban overpasses; it is the largest animal to regularly live wild within city limits. The coyote continues to overcome the ceaseless intrusion of urban development to create a bright and flourishing future, providing its human neighbors a surprising number of benefits.

With stunning images of coyotes within their surprising habitats, *Coyotes Among Us* pulls from decades of experience to dispel coyote myths, highlight the benefits of living with coyotes, and embrace the coyote as a brilliant survivor against all odds.

STANLEY D. GEHRT, PHD, is professor of wildlife ecology at The Ohio State University, and chair of the Center for Wildlife Research at the Max McGraw Wildlife Foundation. He is principal investigator of one of the largest studies of coyotes to date: capturing and tracking more than 1,450 coyotes for the past twenty-two years in the Chicago area. His research has been featured in numerous print, radio, and television outlets, including PBS, ABC's *Nightline*, NBC *Nightly News*, *National Geographic*, and the History Channel. He lives in Columbus, Ohio.

KERRY LUFT is executive vice president of the Max McGraw Wildlife Foundation in Dundee, Illinois. He previously spent nearly three decades in journalism, mostly at the *Chicago Tribune*, where he specialized in national and foreign news. He has written or edited five other books, including *Wings Over Water*, the companion book to the award-winning IMAX 3D film of the same name.

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CATEGORY: Popular Science / Animals / Nature

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ALSO AVAILABLE: Ebook, 978-1-959411-24-6



Picturing Joy

Stories of Connection

By George Lange

For more than fifty years, photographer George Lange has been obsessed with connecting with the world through his work. Whether he was shooting a movie star or family member, he saw his own search for joy reflected in the images.

While growing up in Pittsburgh, Lange cherished his happy childhood, and he found himself unconsciously yearning for that feeling in his adult life. He strove to re-create those fleeting sparks of childhood joy in his relationships and his photographs. “Each day I am trying to find the place we are all connected, but I never know where that place will be. I create spaces where my subjects feel safe and trusting and can share their part of their own joy.”

As seen in *PEOPLE* magazine

Picturing Joy: Stories of Connection is a lively guide to Lange's approach to life as well as the highlights of his career. This optical and optimistic book captures his curiosity, energy, and enthusiasm for people and photography. It also distills wisdom gleaned from a lifelong search for quotidian beauty that might otherwise go unnoticed. Through intimate stories and more than eighty photos, *Picturing Joy* invites readers to appreciate life with all their senses and to change their perspective by being open to new things.

GEORGE LANGE is a photographer whose work has appeared in *Vogue*, *Rolling Stone*, *Vanity Fair*, *Esquire*, *People*, the *New York Times*, and many other publications. He is the author of *The Unforgettable Photograph: 228 Ideas, Tips, and Secrets for Taking the Best Pictures of Your Life*. Lange currently lives in Pittsburgh, Pennsylvania.

PUBLICATION: November 2023

PAGE COUNT: 144

TRIM: 8 x 8

CATEGORY: Gift/Photography

RIGHTS: World

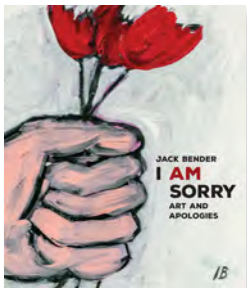
FORMAT: Hardcover

ISBN: 978-1-959411-35-2

PRICE: \$25.95

ALSO AVAILABLE: Ebook, 978-1-959411-36-9





I Am Sorry

Art and Apologies

By Jack Bender

I. Am. Sorry.

From Jack Bender, lead director / executive producer of the TV series *Lost* along with many other acclaimed shows, comes *I Am Sorry*—an unexpected and wholly unique take on what it means to be human.

Through the lens of his original paintings, paired with intimate and occasionally satirical atonements, this out-of-the-box book is provocative, raw, and universally relatable. Bender's art illuminates people of all ages and from all walks of life, proposing that perhaps our biggest mistakes are our greatest opportunities to heal.

I Am Sorry is a perfect coffee table book and extraordinary gift.

“This is great and original work.”

—Stephen King

JACK BENDER is a lifetime painter and was an executive producer and lead director of *Lost*. He has also directed other popular shows such as *The Sopranos*, *Alias*, *Under the Dome*, *The Last Ship*, *Game of Thrones*, *Mr. Mercedes*, and *From*.

PUBLICATION: September 2023

PAGE COUNT: 96

TRIM: 6 x 7

CATEGORY: Gift/Art

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-959411-32-1

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-959411-20-8



I'M SORRY I'M ONLY IN THE PINK WHEN I'M PLAYING THE BLUES.



I'M SORRY I THOUGHT THE GRASS WAS ALWAYS GREENER.



I'M SORRY I ALWAYS HAD TO STOP TO SMELL THEM.



Wings Over Water

The Vital Magic of North America's Prairie Wetlands

By Wings for Wetlands, LLC
Foreword by Michael Keaton

Wings Over Water celebrates the prairie wetlands of North America and the birds that live and breed in this critical habitat.

Covering 300,000 square miles stretching from Canada through Montana, North Dakota, South Dakota, Minnesota, and Iowa, the prairie wetlands are one of Earth's most important, yet little-known, ecosystems. *Wings Over Water* immerses readers in this awe-inspiring, essential region, using more than 300 breathtaking photos and inspiring essays from some of North America's foremost conservationists to shine a spotlight on these critical breeding grounds and the need to protect them.

IMAX movie companion

PUBLICATION: April 2022

PAGE COUNT: 128

TRIM: 11 x 9.5

CATEGORY: Nature/Illustrated

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-55-0

PRICE: \$29.95

ALSO AVAILABLE: Ebook, 978-1-954854-56-7





Bells

Music, Art, Culture, and Politics from Around the World

By Jaan Whitehead

We live in a world of bells yet seldom notice them. But bells have existed in cultures all over the world since the earliest times, often playing powerful roles in history. They have been

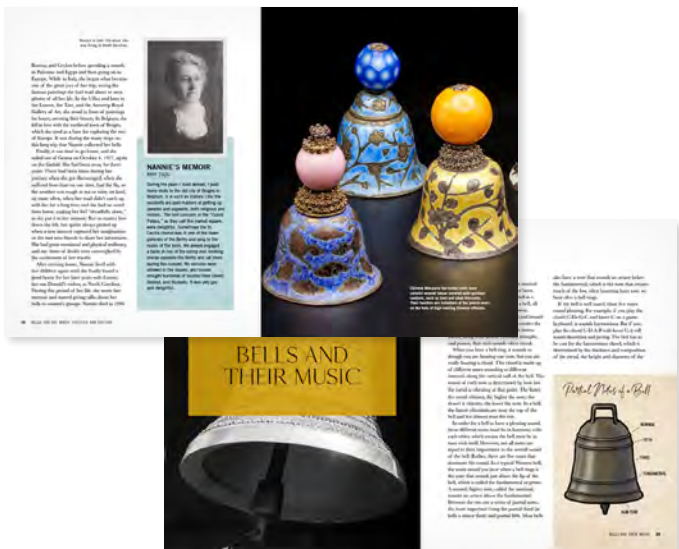
the “voice” of the Buddha in the East and the “voice” of God in the West. They have been a talisman for early monastics, a source of glorious music, and part of many sacred rituals. And they have been the clocks, school bells, and fire bells of everyday life.

From the recently discovered chimes of ancient China to the music of carillons and the surprising bell on the International Space Station, *Bells* brings together seventeen stories that explore the magic and mysticism of bells, their political and religious power, and their wide-ranging musicality.

Inspired by her great-grandmother’s trip around the world to collect bells, and informed by her own world travels, Jaan Whitehead brings these stories to life in all their rich diversity. Illustrated with more than 100 photographs, this beautiful book creates a living portrait of one of history’s more remarkable artifacts.

JAAN WHITEHEAD has been researching and collecting bells for over twenty-five years. She graduated from Wellesley College with a major in economics, has an MA in economics from the University of Michigan, and a PhD in political theory from Princeton University. In recent years, she has been working in the theater world and is the coeditor of *The Art of Governance: Boards in the Performing Arts*, as well as several articles about theater in the American culture. She lives in New York City.

PUBLICATION: October 2022
PAGE COUNT: 288
TRIM: 6.7 x 9
CATEGORY: Art History / Gifts
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-954854-73-4
PRICE: \$34.95
ALSO AVAILABLE: Ebook, 978-1-954854-85-7



Lived Through That

'90s Musicians Today

By Mike Hipple
 Foreword by Dave Holmes



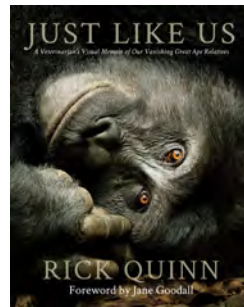
In *Lived Through That*, professional photographer and music enthusiast Mike Hipple shares intimate and unique photographic portraits of dozens of the greatest artists from the '90s. Accompanied by in-depth interviews throughout, this behind-the-scenes, image-driven collection reveals details of each musician’s time in the limelight as well as where life has taken them. Their words and images are open, honest, inspiring, and personal, offering profound and humorous memories and gems of wisdom that will resonate with fans and music lovers alike.

PUBLICATION: October 2021
PAGE COUNT: 144
TRIM: 9 x 9
CATEGORY: Music / Popular Culture
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-7363579-3-4
PRICE: \$29.95

Just Like Us

A Veterinarian’s Visual Memoir of Our Vanishing Great Ape Relatives

By Rick Quinn
 Foreword by Jane Goodall



Just Like Us is a gorgeous tribute to our not-too-distant relatives as well as the courageous people who are risking their lives to protect them.

In this remarkable memoir, we follow veterinarian Rick Quinn’s seven-year journey across seven African countries and Indonesia, where he photographed each great ape species in its natural habitat.

PUBLICATION: April 2021
PAGE COUNT: 246
TRIM: 8 x 10
CATEGORY: Nature/Animals
RIGHTS: World, except South Korea
FORMAT: Hardcover
ISBN: 978-1-7348802-1-2
PRICE: \$34.95
ALSO AVAILABLE: Ebook, 978-1-954854-32-1



The Art of Tablescaping

Deck Out Your Table with the Queen of Theme

By Buggy Drake
Foreword by Captain Sandy Yawn

You can set your table—or you can 'scape it.

When Buggy Drake stepped onboard the yacht as Second Stew on Bravo's *Below Deck Med*, she showed the world the magic of tablescaping. With the help of some unconventional centerpieces, a few artfully folded napkins, well-placed lighting, and a generous sprinkling of décor, tablescaping is the art of transforming a meal into an adventure that your guests will never forget. Buggy's gorgeous, over-the-top themes have captivated guests and earned her legions of devoted fans. Now she's ready to share her passion and talent for creating unforgettable dining experiences, honed during nearly a decade working on the world's most exclusive yachts and private islands.

Featuring step-by-step instructions for building your own enchanting events, *The Art of Tablescaping* is packed full of inventive ideas and design hacks, on-the-job stories and lessons learned. Get inspired by some of Buggy's most iconic tablescapes, from rustic outdoor gatherings to glam-as-all-get-out soirees, then follow her tips for getting your own party started.

Bravo TV star

CHRISTINE "BUGSY" DRAKE, the self-professed Queen of Theme, is widely known for her role as a stew on Bravo's *Below Deck Mediterranean*, Seasons 2 and 5, where her gorgeous signature tablescapes and over-the-top theme parties are often the star of the show. Born and raised in South Africa, she is a seasoned yachtie who began her career in floating hospitality in 2013. She has since worked on a private island in the Bahamas and sailed the seas on some of the world's most exclusive luxury yachts. Called "perhaps the greatest tablescapist who has ever lived" by the *New York Times*, Buggy always brings her passion and talent for stunning décor to the table.

PUBLICATION: May 2021

PAGE COUNT: 224

TRIM: 6.8 x 9.8

CATEGORY: Design / Decorative Arts

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-734880-22-9

PRICE: \$27.95

ALSO AVAILABLE: Ebook, 978-1-954854-20-8



A Little Book of Self-Care for Those Who Grieve

By Paula Becker
Illustrated by Rebekah Nichols

This beautiful book offers a gentle and honest guide for surviving the early days of grief—shock, trauma, disbelief—and beyond. In simple, easy-to-absorb pages composed of short, poetic text and spot illustrations, readers will begin to find the path they need to move through their grief, step-by-step. From grieving a sudden death or a long illness, someone hard to love or impossible to live without, anyone suffering a loss will see themselves and their grief reflected in these pages.

PUBLICATION: September 2021

PAGE COUNT: 112

TRIM: 5 x 7

CATEGORY: Grief/Self-Help/Inspiration

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-736357-95-8

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-7363579-6-5; Audio, 978-1-954854-10-9



Grace and Frankie

A Guide to Best-Friendship and Not Giving a Damn

By Emilie Sandoz-Voyer
Foreword by Marta Kauffman and Howard J. Morris

You know that friend who completes you? The salty to your sweet, the crunchy to your smooth, the olive to your martini, the . . . anything edible to your fondue? This book is for them.

PUBLICATION: November 2021

PAGE COUNT: 144

TRIM: 5.8 x 8.3

CATEGORY: Humor

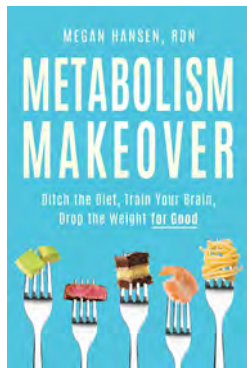
RIGHTS: World, excluding China

FORMAT: Hardcover

ISBN: 978-1-736324-38-7

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-954854-57-4



Metabolism Makeover

Ditch the Diet, Train Your Brain, Drop the Weight for Good

By Megan Hansen, RDN

For decades, we've been told that the key to weight-loss success is eating less and exercising more. Both research and experience have proven this theory wrong. Yet we continue to count calories, eliminate carbs, track macros, and cut out entire food groups because the

only thing scarier than failing at another diet is trusting ourselves enough to not be on one at all.

It's time to learn how our bodies really work, so we can ditch the diet and take back control. In *Metabolism Makeover*, registered dietitian nutritionist Megan Hansen strips away the complexity and confusion surrounding metabolism and replaces it with a simple framework that will give you the tools to:

- master the six key elements of the Metabolic Ecosystem—blood sugar, lean muscle tissue, movement, stress management, sleep, and gut health—and adjust each element to fit your lifestyle
- use the Informed Intuitive Eating approach to predict a craving before it starts, manage it once it hits, or prevent it from ever happening in the first place
- apply the Next Best Choice framework so you can handle anything that pops up, including the Diet Danger Zones (such as vacations and holidays), without going into “f*ck it” mode

Your body knows how to lose weight and keep it off—you just haven't been given the owner's manual yet. *Metabolism Makeover* has the tools you need to regain control of your appetite, mindset, and life.

10,000 copies sold. Companion workbook coming Spring 2024!

MEGAN HANSEN, RDN is the founder and CEO of Metabolism Makeover—a virtual nutrition-coaching business with a focus on weight loss and metabolic health. With a community of almost thirty dietitians and over five thousand past and present clients, Hansen's company is dedicated to the mission of helping their clients learn how to eat like normal people so that they can lose the weight *and* the food anxiety and keep it off forever. They do this by teaching clients about how their bodies work and helping them increase their metabolism instead of decreasing their calories. This creates a mindset shift around food that allows them to let go of food rules and the all-or-nothing mentality, which in turn creates consistency and results. Hansen lives in Georgia.

PUBLICATION: May 2023

PAGE COUNT: 192

TRIM: 6 x 9

CATEGORY: Health & Fitness / Diet & Nutrition / Weight Loss

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-736357-98-9

PRICE: \$18.95

ALSO AVAILABLE: Ebook, 978-1-736324-35-6; Audio, 978-1-959411-49-9



24 Hours Is All It Takes

Daily Habits Guaranteed to Change Your Life

By Vivian Risi

Nothing changes if *nothing* changes. To get the most from your day requires a transformation—of your mindset and your daily habits. Luckily, these adjustments can be easy, quick, and stress free. Successful real estate professional Vivian Risi, a firm believer in the power

of positive routines, offers a no-nonsense, simple, habit-based approach to daily living with her book *24 Hours Is All It Takes*. This guidebook demonstrates how to make long-term changes for the better, and you'll feel and see the benefits of Risi's advice as soon as day one.

If you're pondering what's missing in your business or personal life or you are trying to define what *success* looks like while hatching a plan to achieve it, you'll find answers in this book. With her relatable, no-frills, one-day-at-a-time approach, Risi reveals the tried-and-true habits, rituals, and beliefs that have allowed her to fully live her best life every single day. From fresh insight into the daily actions embraced by successful entrepreneurs to the personal routines that Risi herself swears by, this book is just the nudge you need to start living your most productive and happy life.

VIVIAN RISI is the president and CEO of one of the largest real estate brokerages in North America. With a career in the industry spanning nearly four decades, Risi is a recognized philanthropist, noted speaker, celebrated leader, and mentor in her field.

After immigrating to Canada at a young age, Risi journeyed from humble beginnings and endured many challenges, which resulted in the hard-earned wisdom that she now shares to inspire others—always leading with the core message: *it's never too late to change the trajectory of your life*. Based in Toronto, Canada, Risi is also the author of *Yes You Can: It All Starts with You*.

PUBLICATION: April 2023

PAGE COUNT: 208

TRIM: 5.5 x 8.5

CATEGORY: Business & Economics / Time Management

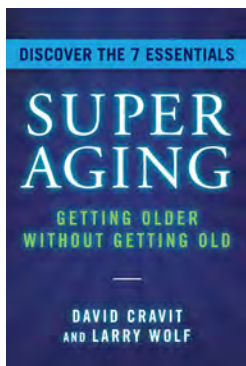
RIGHTS: World, except Arabic

FORMAT: Paperback

ISBN: 978-1-954854-92-5

PRICE: \$15.95

ALSO AVAILABLE: Ebook, 978-1-954854-93-2; Audio, 978-1-959411-21-5



SuperAging

Getting Older Without Getting Old

By David Cravit and Larry Wolf

Welcome to the dazzling new world of SuperAging, where everything you've been taught about aging is challenged. Getting older does not need to mean the end of accomplishment and growth. For SuperAgers, the period after age sixty-five can be one of the most productive and fulfilling times of life.

SuperAging is already a reality for millions. But the science, business, and culture of aging have changed at such a rapid pace that they can be hard to keep up with. That's where authors David Cravit and Larry Wolf can help. They've broken SuperAging down into seven simple components—Attitude, Awareness, Activity, Accomplishment, Autonomy, Attachment, and Avoidance—and in this groundbreaking book, they show how you can put these forces to work in your own life. From taking control of your health and healthcare to revolutionary ways of thinking about retirement, money, housing, and even relationships, you'll discover how to make your seventies, eighties, nineties, and beyond some of the best years of your life.

“A timely read and a great handbook for a growing societal group seeking to delay their physical decline.”

—*Library Journal*

DAVID CRAVIT has an established profile and track record in reporting on aging and related issues. He is the author of two previous books: *The New Old*, which discusses how the baby boomers reinvented aging, and *Beyond Age Rage*, which examines the so-called war of the generations. He is a vice president at ZoomerMedia, the only media company in Canada specializing in the “older” market, and also chief membership officer and chief marketing officer of CARP (Canada’s equivalent to AARP).

LARRY WOLF's expertise is in identifying important trends and creating opportunities to capitalize on them. He has advised a number of *Fortune* 500 companies and governments on their branding and communications strategies. Larry founded and developed the Wolf Group from a two-person consultancy into a sizable international advertising agency with offices in seven cities in the United States and Canada. His company helped successfully create and launch many new brands.

PUBLICATION: April 2023

PAGE COUNT: 256

TRIM: 6 x 9

CATEGORY: Self-Help/Aging

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-86-4

PRICE: \$26.95

ALSO AVAILABLE: Ebook, 978-1-954854-87-1; Audio, 978-1-959411-48-2



I'll Give It to You Straight-ish

What Your Teen Wants You to Know

By Max Dubrow
with Dr. Judy Ho

Most parents know being a teenager is hard but have no idea what is actually going on in their teen's life. Hit podcast host and teenager Max Dubrow, of *Real Housewives* fame, breaks it down for parents, setting the record straight . . . ish.

Featured on Bravo TV's *The Real Housewives*

PUBLICATION: November 2021

PAGE COUNT: 176

TRIM: 6 x 9

CATEGORY: Family & Relationships / Life Stages / Teenagers

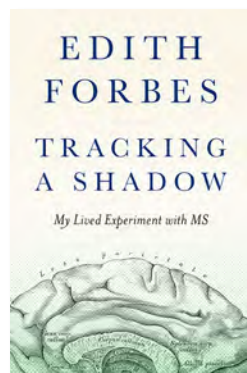
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-30-7

PRICE: \$19.95

ALSO AVAILABLE: Ebook, 978-1-954854-23-9



Tracking a Shadow

My Lived Experiment with MS

By Edith Forbes

A memoir of the author's twenty-five-year, self-designed experiment with a nonpharmaceutical approach to multiple sclerosis and of the indomitable mother who taught her to meet trouble with active resistance.

PUBLICATION: March 2022

PAGE COUNT: 156

TRIM: 5.25 x 8

CATEGORY: Memoir / Diseases / Immune & Autoimmune

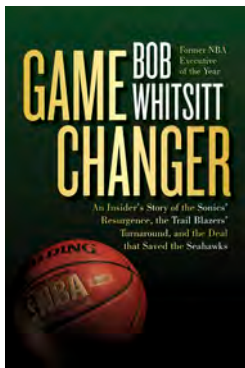
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-24-6

PRICE: \$15.95

ALSO AVAILABLE: Ebook, 978-1-954854-25-3



Game Changer

An Insider's Story of the Sonics' Resurgence, the Trail Blazers' Turnaround, and the Deal that Saved the Seahawks

By Bob Whitsitt

From groundbreaking trades to team-saving negotiations, Bob Whitsitt reveals the behind-the-scenes deals that changed the destinies of three iconic Pacific Northwest sports teams:

the Seahawks, the SuperSonics, and the Trail Blazers.

In 1994, Whitsitt was named the NBA Executive of the Year—but in 1978 he was just an intern for the Indiana Pacers. Over the next decade and a half, he would find his way to the front lines of an athletic revolution, leading a transformation that took the NBA from an asterisk in sports to a global phenomenon.

By 1986, at the tender age of thirty, Whitsitt had been recruited to salvage the Seattle SuperSonics, whose glory had faded after the 1979 NBA championship. In just one season, and after many daring player trades, Whitsitt guided the team back to fighting form and into the playoffs. Whitsitt's grit and risk-taking moves caught the eye of billionaire Paul Allen, who coaxed the savvy executive into taking the helm of the Portland Trail Blazers and leading them back into championship contention. Whitsitt went on to play a pivotal role in convincing Allen to purchase the Seahawks to keep them in town, lobbying for a new stadium—and the implosion of the iconic Kingdome—and ushering in a new era of professional football in Seattle. Whitsitt is the only person to have been both the president and general manager of the Seahawks, Sonics, and Trail Blazers.

An unprecedented view into the front office of three of the most beloved franchises in the NBA and NFL during their most pivotal years, *Game Changer* offers a new vision for pro sports, perfect for students of the game, lifelong fans, and sophisticated dealmakers alike.

BOB WHITSITT became the youngest president and general manager in the NBA when the then-30-year-old was hired by the Seattle SuperSonics. He was selected NBA Executive of the Year for transforming the SuperSonics from a nonplayoff team into the team with the best record in the NBA. In the nine years he spent running the Portland Trail Blazers, "Trader Bob" built teams that averaged fifty wins per season and made the playoffs every year. As president of the Seattle Seahawks, he negotiated the acquisition of the team for Paul Allen and led a successful statewide referendum that helped fund a new football and soccer stadium.

PUBLICATION: October 2023

PAGE COUNT: 272

TRIM: 6 x 9

CATEGORY: Memoir

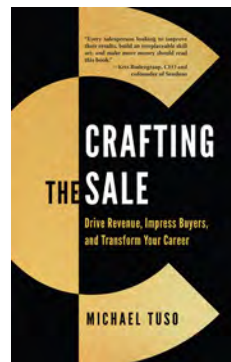
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-26-0

PRICE: \$18.95

ALSO AVAILABLE: Ebook, 978-1-959411-29-1



Crafting the Sale

Drive Revenue, Impress Buyers, and Transform Your Career

By Michael Tuso

Join Michael Tuso as he guides sellers out of the antiquated world of "one size fits all" pitching and into a world that empowers buyers and sellers alike through problem-solving and system building.

Learn how to solve buyer problems, increase your sales numbers, and create impeccable sales and buying experiences. Buyers don't have to work with you; they *choose* to work with you—and *Crafting the Sale* shows you exactly how to get those buyers to engage, act, and convert.

Throughout, Tuso takes on old-school methodologies and shows how to equip sales teams with newer, more refined approaches to their craft, demonstrating how to:

- create space for the buyer,
- unlock the power of emotional connection,
- ask thoughtful questions that build trust,
- put the buyers' needs first instead of the product,
- save floundering customer relationships,
- craft messages that buyers actually want to read,
- prevent buyers from ghosting you,
- build the right habits to help you sell more sustainably,
- remain top of mind even when the buyer is not in the market,
- deploy the most up-to-date sales tactics to increase revenue,
- and much more.

Crafting the Sale is the ultimate tool for anyone new to sales or looking to level-up their skills, improve their outcomes, and create lasting connections with customers. Salespeople can be successful by adapting to the changing dynamic between buyer and seller and providing experiences that benefit both sides. All it takes is genuine conversation, a problem-solving attitude, and a commitment to learning.

MICHAEL TUSO has hired, coached, and trained hundreds of salespeople and generated millions in revenue for businesses from startups to Fortune 500 companies. He has served in virtually every sales role there is, from entry-level all the way up to cofounder and CEO of his own startup, Callypso. Tuso has been named a two-time Top Sales Leader to Follow by the American Association of Inside Sales Professionals, Best Sales Development Leader by Tenbound, and a Top LinkedIn Sales Star by Sales Success Media.

PUBLICATION: September 2023

PAGE COUNT: 184

TRIM: 5.5 x 8.5

CATEGORY: Business

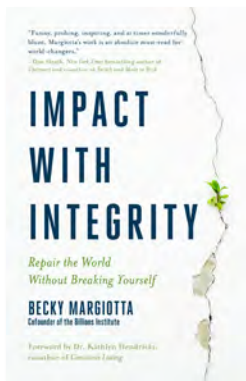
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-02-4

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-954854-07-9



Impact with Integrity

Repair the World Without Breaking Yourself

By Becky Margiotta

The world is on fire and in desperate need of volunteer firefighters. If you've ever wondered if you have a purpose, if there's a place in the world in need of your unique genius, the answer is yes. But you don't have to do this work alone—and you shouldn't do it without taking

care of yourself first. Burnout rates in the helping professions are off the charts, but we won't make progress "out there" until we take full ownership of whatever we're feeling "in here."

PUBLICATION: April 2022

PAGE COUNT: 272

TRIM: 5.5 x 8.5

CATEGORY: Business/Self-Help

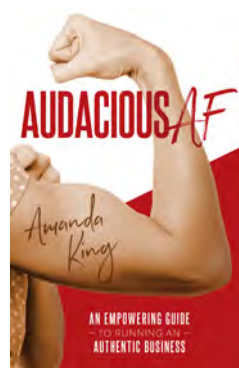
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-27-7

PRICE: \$24.95

ALSO AVAILABLE: Ebook, 978-1-954854-28-4



Audacious AF

An Empowering Guide to Running an Authentic Business

By Amanda King

Are you an entrepreneur trying to make it in the online space? How do you cut through all the conflicting advice and define what success means to you?

We all have an inner voice that shouts back at expectations and standards. An inkling that the rules might just be the things holding you back. Amanda King teaches you to screw the standards and let your inner "fuck it" out for the world to hear.

PUBLICATION: January 2023

PAGE COUNT: 144

TRIM: 5.5 x 8.5

CATEGORY: Business/Leadership

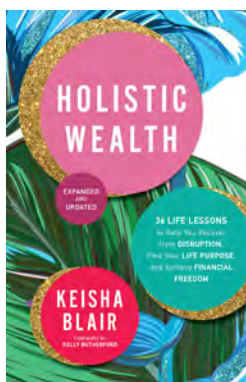
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-78-9

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-84-0



Holistic Wealth (Expanded and Updated)

36 Life Lessons to Help You Recover from Disruption, Find Your Life Purpose, and Achieve Financial Freedom

By Keisha Blair

Imagine a life where you are financially savvy and independent, living with purpose and generosity while inspiring others. Imagine facing life's disruption with confidence, knowing how to regain your balance in times of uncertainty. By expanding on the teachings shared in the highly acclaimed first edition of her book and in her viral article, "My Husband Died at Age 34—Here Are 40 Life Lessons I Learned from It," viewed by more than fifty million people globally, author Keisha Blair presents even more revolutionary strategies—curated for the challenges of today's world—that will help you find balance and success.

PUBLICATION: March 2022

PAGE COUNT: 296

TRIM: 5.5 x 8.5

CATEGORY: Self-Help / Personal Growth / Success

RIGHTS: World, excluding Australia and New Zealand

FORMAT: Paperback

ISBN: 978-1-954854-36-9

PRICE: \$15.95

ALSO AVAILABLE: Ebook, 978-1-954854-37-6



New Startup Mindset 2nd edition

Ten Mindset Shifts to Build the Company of Your Dreams

By Sandra Shpilberg
Foreword by Mona Bijoor

This provocative startup tale of success exposes Silicon Valley's startup myths and sets forth a new approach for aspiring and current founders to build companies that make an impact.

In *New Startup Mindset*, Sandra Shpilberg, founder and CEO of Seeker Health, introduces a new mindset for starting and building a successful company.

PUBLICATION: October 2021

PAGE COUNT: 194

TRIM: 5.5 x 8.5

CATEGORY: Business & Economics / Entrepreneurship

RIGHTS: World, excluding China

FORMAT: Paperback

ISBN: 978-1-954854-04-8

PRICE: \$14.95

ALSO AVAILABLE: Ebook, 978-1-954854-08-6; Audio, 978-1-954854-09-3



Remembering Shanghai

A Memoir of Socialites, Scholars and Scoundrels

By Isabel Sun Chao and Claire Chao

True stories of glamour, drama, and tragedy told through five generations of a Shanghai family, from the last days of imperial rule to the Cultural Revolution.

A high position bestowed by China's empress dowager grants power and wealth to the Sun family. For Isabel, growing up in glamorous 1930s and '40s Shanghai, it is a life of utmost privilege. But while her scholar father and fashionable mother shelter her from civil war and Japanese occupation, they cannot shield the family forever.

Winner of 20 industry awards

When Mao comes to power, eighteen-year-old Isabel journeys to Hong Kong, not realizing that she will make it her home—and that she will never see her father again. She returns to Shanghai fifty years later with her daughter, Claire, to confront their family's past—one they discover is filled with love and betrayal, kidnapers and concubines, glittering palaces and underworld crime bosses.

Lavishly illustrated and meticulously researched, *Remembering Shanghai* follows five generations from a hardscrabble village to the bright lights of Hong Kong. By turns harrowing and heartwarming, this vivid memoir explores identity, loss and redemption against an epic backdrop.

Isabel's daughter, **CLAIRE CHAO**, spent much of her youth seeking connections to her parents' homeland. After thirty years in management with companies such as Tiffany & Co., Harry Winston and Hill & Knowlton, she spent a decade creating *Remembering Shanghai*, uncovering an uncanny link with the grandfather she never met. She has been designated one of *Avenue* magazine's "500 Most Influential Asian Americans" and *Tatler Hong Kong's* "Who's Who in Hong Kong." She graduated with highest honors from Princeton University and lives in Honolulu with her husband and two dogs.

ISABEL SUN CHAO was one of the last of her generation to have experienced legendary "Old Shanghai" firsthand. After growing up in Shanghai, she left for Hong Kong on what she thought was a holiday in 1950 and never saw her father again. In Hong Kong, she worked for more than thirty years as a cultural affairs specialist in the US Consulate General.

PUBLICATION: October 2021

PAGE COUNT: 308

TRIM: 6 x 9

CATEGORY: Biography & Autobiography / Cultural
Ethnic & Regional

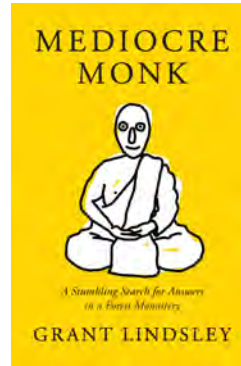
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-03-1

PRICE: \$29.95

ALSO AVAILABLE: Paperback, 978-1-954854-05-5; Ebook, 978-1-954854-06-2



Mediocre Monk

A Stumbling Search for Answers in a Forest Monastery

By Grant Lindsley

Funny, perceptive, and deeply personal, *Mediocre Monk* follows Grant Lindsley's rocky journey toward spiritual growth—one that ultimately leads him to places he never imagined.

After the sudden death of a friend, Grant Lindsley abandons his corporate job to train as a monk in one of the strictest Buddhist traditions on earth. Lost and bereft, he believes he can find answers in the mountains of Thailand. He shaves his head and eyebrows, eats one bowl of food a day, and lives in a cave, his solitude punctuated by brushes with snakes, scorpions, and drug smugglers.

But Lindsley can't transform himself into the profound guru he envisions—he's hungry, restless, and lacking in the humility that monkhood requires. Eventually, he exhausts himself into moments of genuine growth, but not in the way he expects. Rather than transcending grief and becoming entirely self-reliant, he is surprised to find solace in allowing pain and reopening himself to community.

For anyone who has nurtured a fantasy of dropping out in search of answers, *Mediocre Monk* suggests a reality that is far more complicated—and rewarding.

Star of the USA Ultimate National team

PUBLICATION: April 2023

PAGE COUNT: 240

TRIM: 6 x 9

CATEGORY: Body, Mind & Spirit / Inspiration & Personal Growth

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-98-7

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-954854-99-4



Wild Heart

A True Story of Hippies, Healers, and Harleys

By Stacey Marie Kerr, MD

For Dr. Stacey Marie Kerr, a road is only worth traveling if it comes with some unexpected turns.

In her midfifties, Dr. Stacey Kerr was diagnosed with osteoporosis and told to play it safe.

Instead, she bought her first Harley. Over the next fourteen years, Stacey and her two best friends decided to give the finger to aging gracefully, ultimately embarking on seven epic motorcycle tours throughout the western United States, filled with drama, introspection, and pure joy.

Using her motorcycle adventures to guide her memories, Stacey travels the twisting road of her own past, in which the only constant is defying expectations. As a young woman, Stacey escaped an authoritarian childhood to join the counterculture of the sixties. On The Farm, the largest hippie commune in the United States, she spent a decade practicing intentional spirituality. There, she came to admire, and ultimately clash with, the mother of spiritual midwifery—Ina May Gaskin. In her midthirties, Stacey would reject convention once again by going to medical school and transforming her life.

Social media share by celebrity chef Guy Fieri

As Stacey rides the curving highways of the West, she reflects on marriage and motherhood; the cultlike energy of powerful spiritual leaders; the miracles, traumas, and lessons of a physician's life, including a near-fatal delivery of her own grandson; her long-held belief in the healing power of cannabis; and the vital necessity of love at every stage of life, from birth to death and beyond. Written with irreverence and good humor, *Wild Heart* is an inspiring memoir for anyone ready to make braver and bolder choices—at any age.

STACEY MARIE KERR, MD, is an educator, a physician, a mother, and an adventurer. She has published essays in *FringeWare Review*, the *Sun*, and *JAMA* and has written on the safe and appropriate use of cannabis for *Hawaiian Ethos*. Dr. Kerr's first book, *Homebirth in the Hospital*, shares dramatic birth stories encouraging women's self-empowerment in every birthing experience, no matter where that birth occurs. Kerr lives in Santa Rosa, California.

PUBLICATION: November 2023

PAGE COUNT: 292

TRIM: 5.5 x 8.5

CATEGORY: Memoir

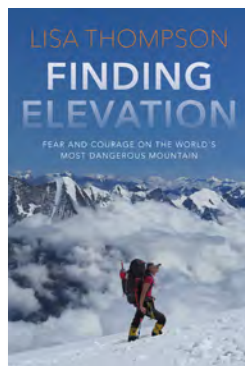
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-30-7

PRICE: \$18.95

ALSO AVAILABLE: Ebook, 978-1-959411-31-4



Finding Elevation

Fear and Courage on the World's Most Dangerous Mountain

By Lisa Thompson

Near the death zone on K2, the world's second-highest mountain, Lisa Thompson searched for the strength to continue climbing. Her choices were clear: give in to her doubts and descend or push past her own limits and continue up the mountain's steep face.

PUBLICATION: January 2023

PAGE COUNT: 244

TRIM: 6 x 9

CATEGORY: Memoir/Climbing/Inspiration

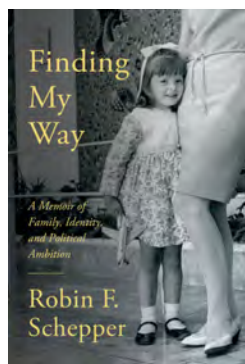
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-67-3

PRICE: \$25.95

ALSO AVAILABLE: Ebook, 978-1-954854-68-0



Finding My Way

A Memoir of Family, Identity, and Political Ambition

By Robin F. Schepper

A deeply personal memoir about finding family and belonging from White House staffer Robin F. Schepper.

Growing up torn between her single Pan Am stewardess mom and brothel-owning grandmother in 1960s New York City, Robin F. Schepper never imagined that she'd one day have an office in the East Wing of the White House. Her childhood in a German American neighborhood on the Upper East Side was peppered with half-truths, from the family secrets surrounding her grandmother's immigration to deceptions about her biological father.

PUBLICATION: April 2023

PAGE COUNT: 288

TRIM: 6 x 9

CATEGORY: Biography & Autobiography / Political

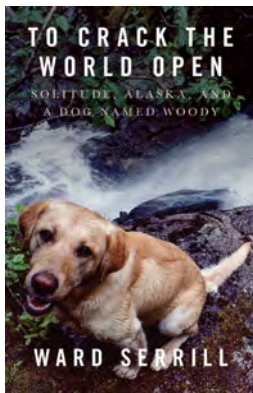
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-96-3

PRICE: \$28.95

ALSO AVAILABLE: Ebook, 978-1-954854-97-0



To Crack the World Open

Solitude, Alaska, and a Dog Named Woody

By Ward Serrill

An extraordinary journey of the heart and soul from the award-winning filmmaker and director of *The Heart of the Game*, *To Crack the World Open* is a poignant, adventure-driven Alaskan story of self-discovery, with one of

life's most essential relationships—a man and his dog—at its heart.

PUBLICATION: November 2021

PAGE COUNT: 290

TRIM: 5.5 x 8.5

CATEGORY: Biography & Autobiography / Personal Memoirs

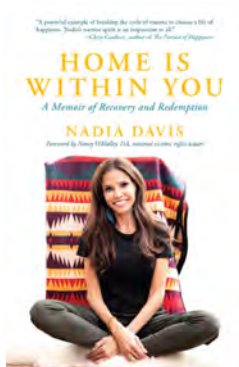
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-18-5

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-19-2



Home Is Within You

A Memoir of Recovery and Redemption

By Nadia Davis

As a young Latina and Native American lawyer and former wife of California's attorney general and treasurer, Nadia Davis has long been subjected to public scrutiny. In this powerful homage to finding one's worth in the face of mental health struggles, addiction, and public shaming, Davis reveals the depths of the darkness she

went through, while gracefully offering transformational healing and an end to the choking grasp of shame.

PUBLICATION: April 2023

PAGE COUNT: 464

TRIM: 5.5 x 8.5

CATEGORY: Biography & Autobiography / Cultural, Ethnic & Regional / Hispanic & Latino

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-94-9

PRICE: \$18.95

ALSO AVAILABLE: Ebook, 978-1-954854-95-6



The Big Silence

A Daughter's Memoir of Mental Illness and Healing

By Karena Dawn

In her stirring, vulnerable new memoir, Karena Dawn reveals what it was like to grow up with a mother suffering from severe mental health issues, and how, during her teenage years, she desperately tried to escape her own inner demons. Addicted to pain-numbing drugs and crippled by severe depression, Karena learned how to use grief as a teacher, releasing herself from guilt and shame and finding the inner strength to go from abandonment to forgiveness, from hopelessness to healing.

PUBLICATION: April 2022

PAGE COUNT: 298

TRIM: 6 x 9

CATEGORY: Biography & Autobiography / Personal Memoirs

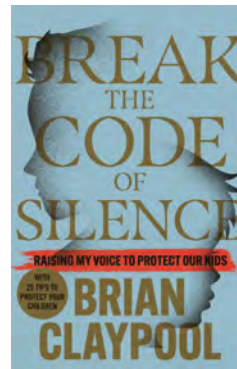
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-49-9

PRICE: \$28.95

ALSO AVAILABLE: Ebook, 978-1-954854-50-5



Break the Code of Silence

Raising My Voice to Protect Our Kids

By Brian Claypool

Litigation and civil rights attorney Brian Claypool has squared off in the courtroom against child predators in some of America's most notorious sexual abuse cases. He is also a highly regarded expert on sexual, physical, and emotional abuse

and has regularly appeared on Fox News, CNN, *Good Morning America*, and HLN. For the first time, Claypool tells his personal story of abuse and how that has fueled his mission to protect and defend children.

PUBLICATION: April 2023

PAGE COUNT: 208

TRIM: 5.5 x 8.5

CATEGORY: Memoir/Law

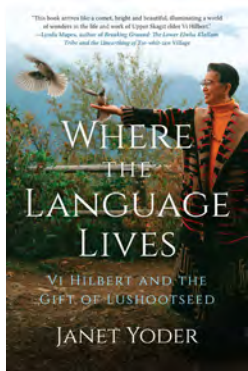
RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-954854-74-1

PRICE: \$25.95

ALSO AVAILABLE: Ebook, 978-1-954854-76-5



Where the Language Lives

Vi Hilbert and the Gift of Lushootseed

By Janet Yoder

The life and work of Upper Skagit tribal elder Vi Hilbert, who revitalized her native language—Lushootseed—and the culture it expresses.

In 1978, Seattle writer Janet Yoder took a Lushootseed class at the University of Washington with Skagit tribal elder Vi Hilbert. Yoder was expecting to learn a little about this local indigenous language, but what followed was a lifelong journey with Vi, who worked to preserve a language on the brink of disappearance. Thanks to Vi Hilbert's work and those who now have taken it on, Lushootseed is on the rise.

Drawn from thirty years of friendship, adventures, and interviews, *Where the Language Lives* is a tribute to Vi Hilbert's life, work, and quest to preserve her native language.

2023 Washington State Book Award Finalist

Hilbert's historical preservation efforts were recognized with a National Heritage Fellowship from the National Endowment for the Arts, and she was named a Washington State Living Treasure in 1989.

To honor and celebrate the life and achievements of her dear friend and mentor, Janet Yoder has woven what she learned from Vi Hilbert with the story of Vi's life and work to create these essays.

Where the Language Lives is a tribute to the memory of a woman who profoundly impacted a culture, a history, the longevity of a language, and even the larger world.

Seattle writer **JANET YODER'S** work has been published in literary journals, including the *Baltimore Review*, *Chautauqua*, *Jet Fuel Review*, *Apalachee Review*, *American Literary Review*, and *Passages North*. Her work has been recognized with a Pushcart Prize nomination and a Hedgebrook residency. She lives with her husband on a floating home in Seattle, Washington.

PUBLICATION: May 2022
PAGE COUNT: 240
TRIM: 5.5 x 8.5
CATEGORY: Social Science / Indigenous Studies
RIGHTS: World
FORMAT: Paperback
ISBN: 978-1-954854-26-0
PRICE: \$16.95
ALSO AVAILABLE: Ebook, 978-1-954854-51-2



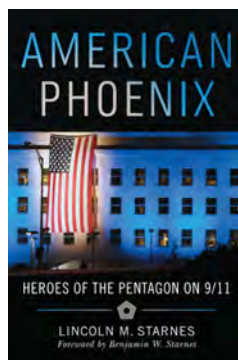
Shall Make, Shall Be

The Bill of Rights at Play

Edited by Laine Nooney & John Sharp

In the 2020s, the rights and responsibilities of American citizens have been contested as never before. Amid fraught elections, Black Lives Matter protests, and a global pandemic, our nation has become roiled in debate over what America is and who has access to the rights its people proclaim. Evolving interpretations of the Constitution both reflect and escalate tensions in a rapidly changing world, affecting everything from the fabric of American society to our survival as individuals and even as a species.

PUBLICATION: September 2023
PAGE COUNT: 112
TRIM: 9 x 10
CATEGORY: Arts & Photography
RIGHTS: World
FORMAT: Hardcover
ISBN: 979-8-218-00952-6
PRICE: \$23.95
ALSO AVAILABLE: Ebook, 978-1-959411-22-2



American Phoenix

Heroes of the Pentagon on 9/11

By Lincoln M. Starnes
 Foreword by Benjamin W. Starnes

The terrorist attacks against the United States on September 11, 2001, were intended to tear apart the fabric of our country and our democracy. Instead, this brazen act served to show the world the heart of a nation and the true meaning of "united we stand." The heroes at the Pentagon were extraordinary civilians and soldiers who made decisions to sacrifice their own safety to render aid to complete strangers. Today, these stories serve as a reminder of what it truly means to be American.

PUBLICATION: June 2021
PAGE COUNT: 286
TRIM: 6 x 9
CATEGORY: Political Science / Terrorism
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-7348802-3-6
PRICE: \$29.95
ALSO AVAILABLE: Paperback, 978-1-7348802-4-3;
 Ebook, 978-1-7348802-5-0



Veil of Doubt

By Sharon Virts

When a mother is charged with murder in a town already convinced of her guilt, can defense attorney Powell Harrison find truth and justice in a legal system where innocence is not presumed?

Emily Lloyd, a young widow in Reconstruction-era Virginia, is accused of poisoning her three-year-old daughter, Maud. It isn't the first death

in her home: her husband and three other children all died of mysterious illnesses, so when Maud succumbs to an unexplained malady, the town suspects foul play. Soon Mrs. Lloyd is charged not only with poisoning the child but also with murdering her children, her husband, and her aunt.

“Absolutely amazing.”
—Sarah Ferguson, Duchess of York

Enter Powell Harrison, a soft-spoken, brilliant attorney who recently returned to his Virginia hometown to help his brother manage their late father's practice. Approached to assist in Mrs. Lloyd's defense, Harrison initially declines, worried that an infanticide case might tarnish their family's reputation. But as details about the widow's erratic behavior and her reclusive neighbors emerge, Harrison begins to suspect that an even more sinister truth might lurk beneath the family's horrible fate and finds himself irresistibly drawn to the case.

Based on a shocking true story, *Veil of Doubt* is part psychological thriller, part medical and legal procedural. Perfect for fans of Margaret Atwood's *Alias Grace* and filled with rich period detail gleaned from exhaustive research, *Veil of Doubt* delves into the darkness of the South during Reconstruction, exposing intrigue, deception, and death.

SHARON VIRTS is a successful entrepreneur and visionary who, after more than twenty-five years in business, followed her passion for storytelling into the world of historical fiction. She has received numerous awards for her work in historic preservation and has been recognized nationally for her business achievements and philanthropic contributions. She was recently included in Washington Life Magazine's Philanthropic 50 for her work with education, health, and cultural preservation.

Sharon's passion truly lies in the creative. She is an accomplished visual artist and uses her gift for artistic expression along with her extraordinary storytelling to build complex characters and craft vivid images and sets that capture the heart and imagination. She is mother to four sons, James, Lucas, Zachary, and Nicholas, a stepmom to Ben and Avery and “Nana” to ten-year-old Charlie and toddler Bodhi. She lives in Virginia with her husband, Scott Miller, at the historic Selma Mansion with their three Labrador retrievers, Polly, Cassie, and Leda.

PUBLICATION: October 2023

PAGE COUNT: 368

TRIM: 6 x 9

CATEGORY: Historical Fiction / Thriller

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-25-3

PRICE: \$18.95

ALSO AVAILABLE: Hardcover, 978-1-959411-44-4; Ebook, 978-1-959411-33-8; Audio, 978-1-959411-43-7



Typecast

A Novel

By Andrea J. Stein

Callie Dressler thought she'd put her past where it belonged—behind her. But when her ex-boyfriend brings their breakup to the big screen, she can no longer deny that their history has been looming over her all along.

At thirty-one, Callie Dressler is finally comfortable in her own skin. She loves her job as a preschool teacher, and although living in her vacant childhood home isn't necessarily what dreams are made of, the space is something she never could have afforded if she'd stayed in New York City. She knows her well-ordered life will be upended when her type A, pregnant sister, Nina; adorable four-year-old niece; and workaholic brother-in-law move in, but how could she say no when they needed a place to crash during their remodel? As Nina pointed out, it's still their *parents'* house, even if their mom and dad have relocated.

As if adjusting to this new living situation isn't enough, the universe sends Callie another wrinkle: her college boyfriend—who Callie dumped ten years earlier for reasons known only to her—has a film coming out, and the screenplay is based on their real-life breakup. While the movie consumes her thoughts, Callie can't help wondering if Nina and her friends are right that she hasn't moved on. When a complication with Nina's pregnancy brings Callie in close contact with Nina's smart and funny architect, Callie realizes she'd better figure out whether she wants to open the door to the past—or risk missing out on her future.

New book, *Dear Eliza*,
coming Fall 2024

ANDREA J. STEIN is a lifetime lover of books. Born in Brooklyn, she was raised in New Jersey before attending a small, quirky liberal arts college and a large, preppy university, both in New York State. A book publicist by profession, she lives with her husband and sons in suburban New Jersey—where the boys attended preschool at a place much like Bouncy Castles. She spends an inordinate amount of time taking pretty photos of books. Things that make her happy include strong tea, turtles, sunshine, sheep, and the ocean.

PUBLICATION: September 2022

PAGE COUNT: 364

TRIM: 5.5 x 8.5

CATEGORY: Fiction/Romance

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-65-9

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-66-6



These Things Happen

A Novel

By Michael Eon

Daniel Zimmer will do almost anything to end his pain—except for the one thing that might work.

Growing up in 1970s Brooklyn under the shadow of his tyrannical father and against the backdrop of the Son of Sam murders, the Karen Ann

Quinlan tragedy, and the New York Yankee's back-to-back championship seasons, Daniel Zimmer struggles to find a sense of safety and belonging. Daniel and his brother Max find moments of solace in the rebellious rhythms of early punk and metal bands like the Ramones and Judas Priest. But when faced with an unexpected family tragedy—for which he feels responsible—Daniel discovers the magical escape that alcohol can provide, numbing his pain and guilt.

“Urgent, beautifully written.”
—*BookLife Reviews* (Editor's Pick)

Carrying the trauma of his youth into adulthood, Daniel falls deeper into alcoholism as he fights to face life on life's terms. Then, just as he finally begins to embrace sobriety, Max attempts suicide and Daniel's ex-fiancée makes an unexpected reappearance. Forced to face his demons head-on, Daniel struggles to take it “one day at a time.”

Flashing through Daniel's life, past and present, this nostalgic ode to Brooklyn is an unflinchingly honest account of the inevitable ups and downs of recovery and coming of age. Ultimately, it is a story of the ravages of generational abuse and the power of recognizing addiction and opening the door to the possibilities of redemption.

MICHAEL EON earned a BA in psychology from the University of Michigan and an MA in international affairs from Columbia University. A former board member of the Audio Publishers Association and a former producer of major motion pictures and television productions, Michael worked in the publishing and entertainment industries for more than twenty years. Michael discovered the core of this story through the cathartic processing of autobiographical memories, following its evolution into this novel of redemption and recovery. *These Things Happen* is his first novel. Originally from the New York area, he currently lives in New Hampshire with his family.

PUBLICATION: September 2023

PAGE COUNT: 276

TRIM: 5.5 x 8.5

CATEGORY: Fiction

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-16-1

PRICE: \$17.95

ALSO AVAILABLE: Ebook, 978-1-959411-17-8;
Audio, 978-1-959411-47-5



Here on Earth

A Novel

By Brian Holers

Fresh out of prison and looking to make amends to his son, Tommy Turner finds himself tangled up with a New Orleans mafia boss hell-bent on revenge and a past that just won't leave him be.

After a two-year stint in Louisiana State Penitentiary in Angola for drug dealing, recovering addict and gambler Tommy Turner just wants to reconcile with his ex-wife and young son, Jamey, and get himself right with God. Haunted by how his father's destroyed football career, failed marriage, and untimely death affected his childhood, Tommy vows to do better by Jamey.

PUBLICATION: May 2023

PAGE COUNT: 288

TRIM: 5.5 x 8.5

CATEGORY: Literature / Contemporary Christian

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-90-1

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-91-8



Mustard Seed

A Novel

By Brian Holers

A redemption story of family, faith, and forgiveness in small-town Louisiana.

After a lifetime of abuse and loss, sixty-one-year-old Vernon Davidson is ready to get back at God, his coworkers, and everyone else in his northern Louisiana hometown. To numb his pain, he drinks too much, and he shuns his friends and embarrasses himself in the community. The once-cautious Vernon has spiraled into a reckless mess.

PUBLICATION: December 2022

PAGE COUNT: 286

TRIM: 5.5 x 8.5

CATEGORY: Literature / Contemporary Christian

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-88-8

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-89-5



The Palace at Dusk

A Novel

By Angela Terry



Perfect for fans of Emily Giffin and Taylor Jenkins Reid, *The Palace at Dusk* explores the complexity of love in an illicit office romance.

Harvard-educated corporate attorney Jasmine “Jae” Phillips promised herself that she wouldn’t

date anyone at the office. She’s too focused on the job, and her meh dating history can be summed up with a shrug. Then came Brad Summers.

When Jae’s colleague Brad enters her office—boyish and handsome with his tousled hair and sparkling green-gold eyes—and asks if she’d like to grab a drink, she’s flattered. Their conversation makes her feel alive, fascinating, and fun, and the lonely Jae can’t help but bask in Brad’s attention. Soon Jae is breaking her never-date-at-the-office rule. And when she later discovers that Brad has a wife and child, she finds herself breaking a much more serious rule.

2023 Best Book Awards Finalist in Fiction: Romance, Fiction: Women’s Fiction, and Best New Fiction

After Jae spends years in love with a man who isn’t hers and jeopardizes her career in the process, a series of unexpected developments shake her awake and force her to confront the cost—and the future—of their affair. She needs to make a choice, but love stories are rarely black and white, and the right path isn’t so clear. With her head and her heart pulling her in opposite directions, Jae must somehow chart a course between them in order to find her happily ever after.

ANGELA TERRY is the award-winning and Amazon bestselling author of *Charming Falls Apart* and *The Trials of Adeline Turner*. She is an attorney who formerly practiced intellectual property law at large firms in Chicago and San Francisco. She is a Chicago Marathon legacy finisher and races to raise money for PAWS Chicago. She resides in San Francisco with her husband and two cats.

PUBLICATION: October 2023

PAGE COUNT: 320

TRIM: 5.5 x 8.5

CATEGORY: Fiction

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-39-0

PRICE: \$18.95

ALSO AVAILABLE: Ebook, 978-1-959411-40-6



L'Origine

The Secret Life of the World’s Most Erotic Masterpiece

By Lilianne Milgrom

The riveting odyssey of one of the world’s most scandalous works of art.

In 1866, maverick French artist Gustave Courbet painted one of the most iconic images in the history of art: a sexually explicit portrait of a

woman’s exposed genitals.

Audaciously titled *L’Origine du monde* (*The Origin of the World*), the scandalous painting was kept hidden for a century and a half. Today, it hangs in the world-renowned Orsay Museum in Paris, viewed by millions of visitors a year.

As the first artist authorized by the Orsay Museum to re-create Courbet’s *The Origin of the World*, author Lilianne Milgrom was thrust into the painting’s intimate orbit, spending six weeks replicating every fold, crevice, and pubic hair. The experience inspired her to share her story and the painting’s riveting clandestine history with readers beyond the confines of the art world.

L’Origine is an entertaining and superbly researched work of historical fiction that traces the true story of the painting’s unlikely tale of survival, replete with French revolutionaries, Turkish pashas, and nefarious Nazi captains. But *L’Origine* is more than a riveting romp through history—it also sheds light on society’s complex relationship with the female body.

Winner of 5 major book awards, including the Publishers Weekly US 2021 Selfies Award for Best Adult Fiction and the IndieReader 2021 Discovery Award

Internationally acclaimed artist **LILIANNE MILGROM** was born in Paris, grew up in Australia, and currently resides in the United States. Milgrom holds two degrees from Melbourne University and an associate art degree from the Academy of Art in San Francisco. She exhibits her artwork around the world and is the recipient of multiple awards. In 2011, she became the first authorized copyist of Gustave Courbet’s controversial painting *L’Origine du Monde* (*The Origin of the World*), which hangs in the Orsay Museum in Paris and draws over a million visitors a year. After rendering a near-identical copy of Courbet’s masterpiece, she spent close to a decade researching and writing *L’Origine*. She lives in the greater Washington, DC, area with her husband while her grown children explore the world. *L’Origine* is her first book.

PUBLICATION: October 2021

PAGE COUNT: 292

TRIM: 5.3 x 8

CATEGORY: Fiction/Literary

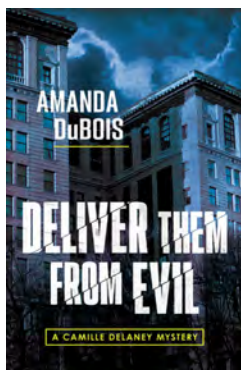
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-14-7

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-15-4



Deliver Them from Evil

A Camille Delaney Mystery

By Amanda DuBois



Seattle attorney Camille Delaney is cash-strapped and struggling to balance the demands of her new solo legal practice with raising her three daughters. But when an emergency C-section goes wrong and a baby dies in the delivery room, the mother, Helene Anderson, shows up at Camille's office asking for help. Facing the challenge of a legal system where child-loss verdicts are limited by the dollar value placed on a child's life, Camille considers a quick settlement for the family. But Helene insists: her child's life had value, and Camille needs to prove it in court.

New book, *Unshackled*, coming Fall 2024

Camille agrees to take the case to trial. The defendants are Dr. Jessica Kensington, one of Seattle's top doctors and beloved volunteer and society hostess, and her medical practice partner, her father, the glad-handing, high-profile Dr. Kip Davenport. Dr. Kensington is respected in the community and stellar on the stand. But Camille and her friend PI Trish Seaholm begin to uncover what happened in the delivery room—and what lies behind Dr. Kensington's seemingly flawless facade. Unstable behavior at work, flagrant breaches of care, and clues about a dark family past that lead to a high-security psychiatric facility are just some of what they unearth about Dr. Kensington. But pieces of the picture are missing: how could the doctor treat Helene and her baby so irresponsibly?

As the case builds toward trial, and as she grapples with the deep inequities of the justice system, will Camille be able to uncover the evidence she needs to convince a jury of Dr. Kensington's guilt? And can she offer some semblance of peace to a grieving mother?

AMANDA DUBOIS started her career as a registered nurse before becoming a lawyer. She has practiced in the areas of medical malpractice and divorce and family law. She founded Civil Survival Project, an organization that teaches advocacy skills to formerly incarcerated individuals. She practices law remotely from her home on Decatur Island in the San Juan Islands where she lives with her husband. They have two adult daughters and two grandchildren.

PUBLICATION: March 2023

PAGE COUNT: 336

TRIM: 6 x 9

CATEGORY: Fiction / Mystery & Detective / Amateur Sleuth

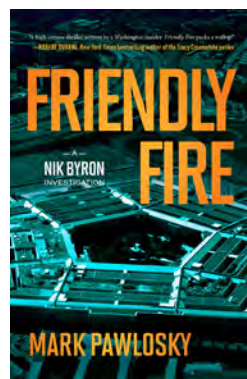
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-69-7

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-70-3



Friendly Fire

A Nik Byron Investigation

By Mark Pawlosky



When Geoffrey Tate, one of the world's richest individuals and the CEO of Yukon, the country's preeminent artificial intelligence company, is shot and killed by his young trophy wife, it's going to grab headlines. And seasoned *Newshound* reporter Nik Byron intends to be the one generating them. But Nik's investigation quickly leads him down a treacherous path he didn't foresee.

The sensational trial that follows Tate's death threatens to derail Bullwhip—the military's next generation of AI-inspired war machines—and scramble the fortunes of political heavyweights and Pentagon brass alike. His journalistic instincts aroused, Nik embarks on an uncertain hunt for the truth that takes him deep into the murky worlds of Washington lobbyists, the military-industrial complex, and the Saudi intelligence apparatus.

Undermined by a vindictive boss and a jealous rival reporter, Nik turns to trusted *Newshound* colleagues, Mia Landry and Patrick "Mo" Morgan—as well as a Pentagon whistleblower—to land his story and unravel the mystery surrounding Tate's death. But in doing so Nik risks alienating Samantha Whyte, the chief investigator for the Northern Virginia County Sheriff's Department and his lover. Worse still, the story puts him in the sights of a contract killer.

2024 Feathered Quill Book Award winner, Mystery/Suspense

MARK PAWLOSKY is an award-winning reporter, editor, and media executive. A former reporter for the *Wall Street Journal*, editorial director for *American City Business Journals (ACBJ)*, and editor in chief of *CNBC.com/msn*, he oversaw financial news channels in the US, London, Munich, Paris, Tokyo, and Hong Kong. He successfully helped launch several media operations nationwide, including *MSNBC*, *American City Business Journals*, and *Biz Magazine*. A graduate of the Missouri School of Journalism at the University of Missouri, Pawlosky and his family spent the past twenty years living on an island in Washington state before relocating to the Midwest.

PUBLICATION: March 2023

PAGE COUNT: 336

TRIM: 5.5 x 8.5

CATEGORY: Mystery & Detective / Amateur Sleuth

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-62-8

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-63-5



Call Me Penny Pickleberry

A Story to Help Kids Manage Worries

By Meghan Grana
Illustrated by Fanny Liem

And that's when it started . . . the inside-out squeezing, pulsing, whirly feeling in Penelope's belly.

Meet Penelope Pickleberry, first grader extraordinaire. Penelope can do lots of things, like pack her own snack and tie her shoelaces in under thirty seconds. But Penelope has one *huge* problem—Nelly, the negative voice in her head that tells her about bad things that might happen.

At the final game of the soccer season, Nelly's *I-just-can't* message is getting louder. Luckily, Penelope also has Penny, the positive, confidence-boosting voice inside her that tells her to be brave and persevere. Will Nelly win the battle? Or will Penny's words of encouragement prove more powerful?

This fun and relatable picture book helps kids manage childhood anxiety by learning to quiet their negative self-talk and listen to their own Penny, the inner voice that fills them with the courage to conquer everyday obstacles.

Includes "A Guide for Shushing Your Nelly"—practical tips to help children overcome anxious thoughts

MEGHAN GRANA has been advocating for students for nearly two decades. She holds a master's degree in speech language and hearing science, and she's served countless students with learning and language disabilities. She currently supports families in accessing school and community resources. Grana lives in Northern Virginia with her husband, two daughters, and mini Bernedoodle. This is her first book.

FANNY LIEM was born and raised in Indonesia. Since she was a kid, she's loved to draw. Her passion for storytelling and illustration started the first time she grabbed picture books, which were given to her by her uncle. When she is not drawing, she loves watching movies and listening to country music.

PUBLICATION: September 2022
PAGE COUNT: 32
TRIM: 8.5 x 11
CATEGORY: Children's Illustrated
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-954854-58-1
PRICE: \$17.95
ALSO AVAILABLE: Ebook, 978-1-954854-59-8



Gonna Move, Gotta Bounce, Have to Jumpity Jump!

How I Smooth Out My Jitter-Clumpy Day

By Jamaree Stokes
Illustrated by Charli Vince

Through rhyming fun and instructional play, children will learn how to keep jitters at bay.

This energetic book is for kids who feel the unstoppable urge to hip-slippity hop and twirl-bouncy pop but find themselves in situations in which they can't freely play, like sitting in a classroom or riding in a car. Children can jump into the vibrantly illustrated world of the ever-kinetic protagonist, who uses muscle-control exercises to burn off blip-fidgety jitters and calm himself down.

By teaching simple movements and exercises using fun descriptions and instructional visuals, *Gonna Move, Gotta Bounce, Have to Jumpity Jump!* builds self-awareness and corrective strategies that kids with hyperactive tendencies can access anywhere, at any time. The playful tone normalizes a child's skip-squirmy impulses and offers approachable guidance for even the most active kids.

JAMAREE STOKES channels her BA in communications and MA in instruction to share funstruction with playtastic kids. From her medical and military family, Jamaree learned to apply fitness discipline to scoliosis therapy. For her son's sensory needs, she adapted occupational therapy exercises to simplify them for daily use. Her family lives, loves, and plays in Ohio. This is her first book.

CHARLI VINCE is a picture book and character illustrator with a love for colorful, intriguing, and inclusive storytelling. She gained her degree in illustration from Norwich University of the Arts (UK) in 2014. In addition to drawing and painting, Charli also delivers lectures and workshops at events across the country on the creative industries, mental health, and every stage of the creative process.

PUBLICATION: May 2021
PAGE COUNT: 32
TRIM: 8.5 x 8.5
CATEGORY: Juvenile Fiction / Imagination & Play (Ages 3–8)
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-7363243-0-1
PRICE: \$18.95
ALSO AVAILABLE: Paperback, 978-1-7363243-1-8;
Ebook, 978-1-7363243-2-5





Daddies and Daughters Stick Together

By Aissatou Balde and Diariatou Sow
Illustrated by Nandi L. Fernandez

Celebrate Black fatherhood with a daddy and his daughters during a routine yet still extra-special day as they enjoy everything together—from chocolate-chip pancakes to language lessons, from playtime to bedtime.

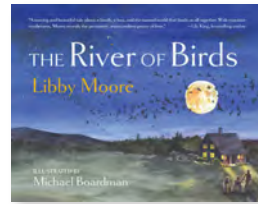
Diari doesn't mind when Mommy goes into the city for work, because she and her little sister, Fatima, spend the whole day with Daddy, from when the moon trades places with the sun until the sun trades places with the moon. The narration from Diari's point of view focuses on the specific joys of a regular day with Daddy, highlighting the daughters' affirmations, empowerment, and playfulness, nurtured by their father's love and attention.

AISSATOU BALDE is the creative director and editor in chief of TalesandTurban.com. She has created a lifestyle brand that is sought after by millennial women, mothers, and major brands looking for an authentic and positive representation of all things womanhood, motherhood, and family. Visit Daddiesanddaughters.com for more information!

Daddies and Daughters Stick Together was inspired and co-written by Aissatou's six-year-old daughter, Diariatou Sow.

NANDI L. FERNANDEZ is an illustrator, concept artist, and animator. A Ugandan born now living in the United Kingdom, she grew up in Uganda, Zambia, and Liberia, where her love for travel, art, and exploring different African cultures was nurtured. She developed her skills with a diploma in concept art from Vancouver Animation School and a bachelor's degree in animation from SAE Dubai. Nandi has since worked as a concept artist at Lionheart Studio in Singapore, illustrated educational materials for the United Nations Children's Fund (UNICEF), and illustrated various children's books.

PUBLICATION: May 2022
PAGE COUNT: 32
TRIM: 8.5 x 11
CATEGORY: Family/Parents
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-954854-52-9
PRICE: \$18.95



The River of Birds

By Libby Moore
Illustrated by Michael Boardman

A gentle, honest story of a child who learns about the enduring force of love in the face of grief. A young child and a grandmother share a love of birds. Every day after school, they watch the birds outside her window and draw them with colored pencils, the scent of ginger tea hanging in the air. When they find a dead goldfinch outside the window one day, the grandmother teaches her grandchild about the enduring strength of love that continues even when a body is no longer living. This lesson returns to the child in a powerful dream after the grandmother dies—a dream that becomes a healing gift for the child's grandfather.

PUBLICATION: May 2021
PAGE COUNT: 32
TRIM: 11.5 x 8.5
CATEGORY: Juvenile Fiction / Social Themes (Ages 5–8)
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-7348802-8-1
PRICE: \$18.95
ALSO AVAILABLE: Paperback, 978-1-7348802-9-8; Ebook, 978-1-7363579-0-3



Millie the Magical Stone Skipper

By Olivia Polk
Illustrated by Vanya Liang

When young Millie sees her three older brothers head into the world to pursue their goals, she retreats to the creek to reflect on her own ambitions. There, she develops a magical hidden talent.

PUBLICATION: June 2022
PAGE COUNT: 32
TRIM: 8.5 x 11
CATEGORY: Juvenile Fiction / Fantasy & Fiction
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-954854-39-0
PRICE: \$17.95
ALSO AVAILABLE: Ebook, 978-1-954854-46-8



In Your Dreams

By Pamela Green
Illustrations by Cheryl Crouthamel

As a mother holds her sleeping baby, she ponders the dreams dancing through his head.

Has he traveled back in time to play with the dinosaurs? Is he climbing tall mountains among the clouds? Is he watching dolphins frolic in the sea, or visiting new friends in faraway places?

Told in gentle rhymes with whimsical illustrations to spark the imaginations of children of all ages, this sweet and timeless book is a story of curiosity, possibility, and, above all, the wonder of love.

PAMELA GREEN has her master's in teaching from the University of San Francisco. She is the community programs coordinator at San Francisco Ballet, bringing dance and music into SFUSD public schools and after-school programs with Boys & Girls Clubs of San Francisco and the YMCA. Pamela hosts family workshops and sensory-friendly programming for the special needs community, provides professional development for educators, and coordinates local arts community events. She has been an elementary educator since 2008. Pamela lives in the San Francisco Bay Area with her wonderful son.

CHERYL CROUTHAMEL has been a children's book illustrator since 2004 when she retired from the New York Police Department. She specializes in whimsical illustrations—and wrangling her three kids.

PUBLICATION: May 2023
PAGE COUNT: 32
TRIM: 8.5 x 8.5
CATEGORY: Bedtime & Dreams
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-7363243-6-3
PRICE: \$17.95
ALSO AVAILABLE: Ebook, 978-1-7363579-9-6



The Great Gold Rush Adventure

By Kyle Griffith
Illustrated by Jim Starr

It's 1897, and Gold Rush-era Seattle is bustling with fortune seekers headed to the goldfields!

When errand boy Walter chases a mischievous pup named Dusty onto a steamship bound for the Klondike, he also meets Hal, an old prospector. The trio teams up for a grand adventure—from Seattle's Miners Landing to the icy shores of Alaska to the Golden Horseshoe Saloon to a frozen landscape with promises of riches underground—risking life and limb for a chance at making their fortune. Every miner dreams of gold, but will Walter, Dusty, and Hal be the ones to strike it rich?

PUBLICATION: September 2021
PAGE COUNT: 32
TRIM: 10 x 10
CATEGORY: Juvenile Fiction / Historical (Ages 3–8)
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-0-9860867-8-6
PRICE: \$24.99



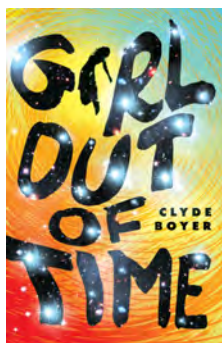
The Great Wheel Adventure

By Kyle Griffith
Illustrated by Ryan Hobson

The Great Wheel Adventure is the wondrous story of Gabe and Betty, two siblings who explore Seattle's most exciting spots. Beginning at the Seattle Great Wheel, the kids journey to the Seattle Aquarium, Elliott Bay, the Seahawks stadium, Mount Rainier, the Mariners ballpark, the Space Needle, Pike Place Market, and much, much more. This thirty-two-page storybook is full of uplifting, colorful illustrations celebrating the most iconic Seattle destinations.

A joyful read for all ages!

PUBLICATION: September 2021
PAGE COUNT: 32
TRIM: 10 x 10
CATEGORY: Juvenile Fiction / Action & Adventure (Ages 3–8)
RIGHTS: World
FORMAT: Hardcover
ISBN: 978-1-954854-31-4
PRICE: \$16.99



Girl Out of Time

By Clyde Boyer

Girl Out of Time is a thrilling adventure of two unlikely friends who team up to take on a world of aliens, wormholes, and time travel—to save themselves and, possibly, the entire planet.

“[A] dynamic speculative romp that is both thoughtful and timely.”

—*Publishers Weekly*

PUBLICATION: March 2023

PAGE COUNT: 368

TRIM: 5.5 x 8.5

CATEGORY: Young Adult Fiction / Science Fiction / Time Travel

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-22-2

PRICE: \$12.95

ALSO AVAILABLE: Ebook, 978-1-954854-64-2



Fyrian's Fire

Book 1 of The Fate of Glademont Series

By Emily H. Jeffries

The week of her wedding, Lady Tessamine Canyon is jilted by her betrothed, Prince Linden. Left utterly humiliated, Tess betrays a tightly guarded secret to an enemy spy—a decision that throws the Dione of Glademont into chaos. Hunted by bloodthirsty mercenaries, Tess flees into the Hinge Forest. There, with the help of a wild owl and a two-hundred-year-old bear, Tess begins to unlock the forgotten mysteries of her people.

PUBLICATION: June 2022

PAGE COUNT: 356

TRIM: 6 x 9

CATEGORY: Young Adult Fiction / Fantasy/General

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-43-7

PRICE: \$14.95

ALSO AVAILABLE: Ebook, 978-1-954854-44-4



Babylon Twins

Book 1 in the Babylon Twins series

By Michael Ferris Gibson

Ten years ago, a powerful machine intelligence unleashed a nanoengineered superdrug on humanity. Civilization is now a collection of mindless addicts confined to automated treatment centers that tower over drone-dominated cityscapes. Having escaped and grown up in the forests of Northern California alongside their younger brother and brilliant scientist/survivalist mother, Clo and El stayed safe while society collapsed around them.

PUBLICATION: October 2021

PAGE COUNT: 372

TRIM: 6 x 9

CATEGORY: Young Adult Fiction / Action & Adventure
(Ages 12–18)

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-11-6

PRICE: \$15.95

ALSO AVAILABLE: Ebook, 978-1-954854-12-3; Audio, 978-1-954854-13-0



Queen of Babylon

Book 2 in the Babylon Twins series

By Michael Ferris Gibson and Imani Josey

In a bleak, post-apocalyptic Earth ruled by powerful machine intelligence, a teenage girl from Oakland is given super abilities and charged with saving the world. Thirteen-year-old Josephine has always seen herself as a loner, not a hero. She survived the end of the world—and what came after—by talking to her twin's ghost in a secret language they call the Twinkling. Transformed into a biomechanical robot, she's been charged with protecting the Bay Area—now Yerba City—alongside an army of her clones called the Josephines.

PUBLICATION: January 2023

PAGE COUNT: 336

TRIM: 6 x 9

CATEGORY: Young Adult Fiction / Fantasy

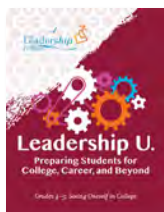
RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-71-0

PRICE: \$16.95

ALSO AVAILABLE: Ebook, 978-1-954854-72-7



Leadership U

Grades 4–5: Seeing Oneself in College

Grades 6–8: Developing Key Life Skills

Grades 9–10: Preparing for Postsecondary Success

Grades 11–12: Thriving in College and Beyond

The Leadership Program

Early and ongoing intervention is

known to be a critical element in increasing the likelihood that students in underserved communities will attend college and then thrive there and beyond. Crucially, intervention is most effective when it starts at an early age—planting the seeds in young minds that college is a realistic option for them—and continues from elementary school through high school. The Leadership U. program provides grade-appropriate preparation scaffolded through four curriculum manuals, each tailored to a specific stage of learning, and includes a supplement to guide high school students through the college application process.

The interactive lessons of the *Grades 4–5: Seeing Oneself in College* curriculum provide an early opportunity for students to step into their leadership, examine their learning styles and strengths, explore elements of their identity, and envision a bright, successful future. Participants are introduced to The Leadership Program’s proven-effective approach to enrichment and social and emotional learning, which has been implemented in thousands of classrooms for hundreds of thousands of students.

PAGE COUNT: 134
ISBN: 978-1-959411-06-2
PRICE: \$49.95
ALSO AVAILABLE: Ebook, 978-1-959411-11-6

The interactive lessons of the *Grades 6–8: Developing Key Life Skills* curriculum incorporate differentiated learning, foster engagement in school, develop personal responsibility and teamwork, dive into healthy identity exploration, provide an opportunity to examine life interests, and encourage students to take on the role of leaders.

PAGE COUNT: 346
ISBN: 978-1-959411-07-9
PRICE: \$104.95
ALSO AVAILABLE: Ebook, 978-1-959411-12-3

The interactive lessons of the *Grades 9–10: Preparing for Postsecondary Success* curriculum focus students on setting goals, establishing personal values, developing effective study and self-management skills, investing in academic achievement, forming healthy relationships, embracing and celebrating diversity, and fostering resilience. Participants have the opportunity to define who they are as leaders.

PAGE COUNT: 340
ISBN: 978-1-959411-08-6
PRICE: \$104.95
ALSO AVAILABLE: Ebook, 978-1-959411-13-0

The interactive lessons of the *Grades 11–12: Thriving in College and Beyond* curriculum focus students on getting into and succeeding in college. In addition to building on the skills of the *Grades 9–10: Preparing for Postsecondary Success* curriculum, this program for high school juniors and seniors provides a safe framework in which they can further explore identity, step into their roles as leaders in their community and the wider world, understand college-level expectations, enhance communication skills, learn from their mistakes, define and plan for success, manage personal finances, and develop the skills to balance social and academic life.

PAGE COUNT: 298
ISBN: 978-1-959411-09-3
PRICE: \$104.95
ALSO AVAILABLE: Ebook, 978-1-959411-14-7

The Leadership Program’s curriculum is steeped in leadership development from an SEL perspective, taking participants through self-discovery, group awareness, and community impact. The program can be used in classrooms, after-school settings, and at home. It includes project-based activities designed to support positive change in schools, homes, and communities.

PUBLICATION: September 2023
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback



Leadership U

High School Supplement: Your Passport to College: Practical Support for the College Application Process

The Leadership Program

The Leadership Program’s *High School Supplement: Your Passport to College: Practical Support for the*

College Application Process supports students through the nuts and bolts of the college application process. Building on our proven-effective approach to enrichment and social and emotional learning, this supplement uses interactive activities to examine the why, where, and how of applying to college, identify pertinent requirements and deadlines, further develop problem-solving skills, and help students envision a realistic college experience tailored to their needs, skill level, and interests. With these factors in mind, students will be guided through the process of completing college applications and FAFSA financial aid forms and writing their application essays with confidence and clarity.

PUBLICATION: September 2023
PAGE COUNT: 118
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback
ISBN: 978-1-959411-10-9
PRICE: \$24.95



Leadership Skills: Middle School

Manual and Workbook

The Leadership Program

Today’s educators face a critical challenge that goes beyond the curriculum: they must nurture appropriate social and emotional behaviors by providing youth with the conflict-resolution and leadership skills necessary for modern life. The Leadership Program’s Violence Prevention Project delivers on that need with an approach that engages, informs, and empowers its early adolescent audience.

PUBLICATION: August 2022
MANUAL PAGE COUNT: 228
WORKBOOK PAGE COUNT: 128
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback
MANUAL ISBN: 978-1-954854-82-6
WORKBOOK ISBN: 978-1-954854-83-3
MANUAL PRICE: \$104.95
WORKBOOK PRICE: \$24.95
ALSO AVAILABLE: Ebook, 978-1-7363579-7-2



Leadership Skills: High School

Manual and Workbook

The Leadership Program

The Violence Prevention Project Leadership Skills curriculum has been implemented in over 5,000 classrooms for over 150,000 Title 1 students—and has earned distinction from the Office of Juvenile Justice and Delinquency Prevention as the country’s top program of its kind. This guidebook includes thirty-seven lessons complete with step-by-step instructions that make facilitation easy and accessible. Help your students get to the core of conflict and transform into leaders in your classroom and community.

PUBLICATION: August 2022
MANUAL PAGE COUNT: 228
WORKBOOK PAGE COUNT: 122
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback
MANUAL ISBN: 978-1-954854-80-2
WORKBOOK ISBN: 978-1-954854-81-9
MANUAL PRICE: \$104.95
WORKBOOK PRICE: \$24.95
ALSO AVAILABLE: Ebook, 978-1-7363243-9-4



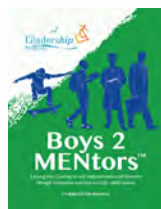
HERstory

Curriculum Suite and Student Writing Companion

The Leadership Program

HERstory is a leadership program for middle and high school girls. This preventive intervention program is composed of 50–60 interactive sessions that address social emotional learning, leadership, and Common Core standards and that provide opportunities to link to the school day curriculum.

PUBLICATION: September 2022
CURRICULUM PAGE COUNT: 278
WORKBOOK PAGE COUNT: 128
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback
CURRICULUM ISBN: 978-1-959411-00-0
WORKBOOK ISBN: 978-1-959411-03-1
MANUAL PRICE: \$104.95
WORKBOOK PRICE: \$24.95
ALSO AVAILABLE: Ebook, 978-1-959411-04-8



Boys 2 MENTors

Curriculum Manual and Student Workbook

The Leadership Program

Boys 2 MENTors™ is a leadership program for middle and high school boys. This curriculum manual comprises 50 interactive sessions that address social emotional learning, leadership, and Common Core standards and that provide opportunities to link to the school day curriculum.

PUBLICATION: September 2022
MANUAL PAGE COUNT: 298
WORKBOOK PAGE COUNT: 104
TRIM: 8.5 x 11
CATEGORY: Education/Curriculum
RIGHTS: World
FORMAT: Paperback
MANUAL ISBN: 978-1-959411-01-7
CURRICULUM ISBN: 978-1-959411-02-4
MANUAL PRICE: \$104.95
WORKBOOK PRICE: \$24.95
ALSO AVAILABLE: Ebook, 978-1-959411-05-5



The Christmas Bird Search

A Wintery Word Search Activity Book

With dozens of word searches on resident and migrating birds and cozy winter themes, *The Christmas Bird Search* celebrates the wonders of the season—and the birds that bring it to life. Throughout, find fascinating bird facts, tips on watching and supporting your resident winter birds, and journal prompts to hone your powers of observation and bring your focus to the unique seasonal joys that surround you. And when you spot a feathered friend taking refuge in your area, you can record it in the book's handy bird-tracking chart.

PUBLICATION: October 2023

PAGE COUNT: 128

TRIM: 6 x 9

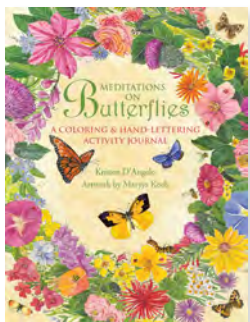
CATEGORY: Gift/Activity

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-959411-34-5

PRICE: \$12.95



Meditations on Butterflies

A Coloring and Hand-Lettering Activity Journal

By Kristen D'Angelo
Illustrated by Maryjo Koch

Fly away from daily stresses while coloring and journaling, taking inspiration from the natural beauty of butterflies. Author Kristen D'Angelo and artist/author Maryjo Koch have created the ultimate coloring book-journal.

PUBLICATION: November 2022

PAGE COUNT: 112

TRIM: 8.5 x 11

CATEGORY: Gift/Activity

RIGHTS: World

FORMAT: Paperback

ISBN: 978-1-954854-75-8

PRICE: \$16.95



Born to Read

Our First Five Years in Books

By L.J. Tracosas

Born to Read is a keepsake memory book of your story time together and a guide to raising a reader, all rolled into one. Use the beautiful journal pages within to keep a list of the books you and your child read together from birth to age five. Interspersed throughout the journal pages are age-appropriate tips for raising a reader and book lists to help you expand your child's reading horizons or dive deeper into particular interest areas.

The perfect baby shower gift for expecting parents or birthday present for growing readers, *Born to Read* helps document the story of how your child grew from baby to bookworm, as well as the memories you created along the way.

PUBLICATION: October 2021

PAGE COUNT: 192

TRIM: 8 x 8

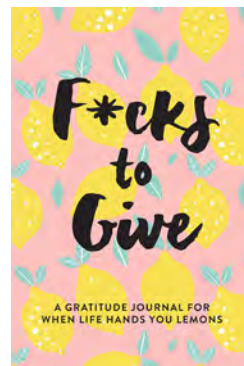
CATEGORY: Family & Relationships / Parenting

RIGHTS: World

FORMAT: Hardcover

ISBN: 978-1-736357-94-1

PRICE: \$18.95



F*cks to Give

A Gratitude Journal for When Life Hands You Lemons

By L.T. Jenness

Feeling like you've got zero left to give? This guided journal will help shift your focus from giving up to gratitude and refuel your soul, one prompt at a time.

Use this journal to dig deep to find your f*cks, or focus on the ones right in front of your face. Thoughtful quotes from super-wise and bad*ss people will inspire you, while quick tips, tricks, and suggestions for maximizing all that latent gratitude will help you make the most of even the sh*ttiest day.

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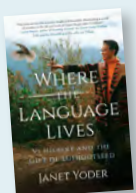
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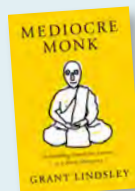
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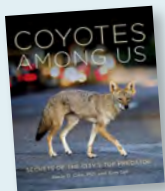
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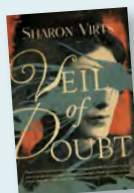


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Georgie Hockett, Marketing Director
marketing@girlfridayproductions.com

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Sandy Hernandez

Senior Manager, Specialty Retail
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Erin Procaro

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Specialty Retail

Steve Quinn

Sales Manager, Specialty Retail
steve.quinn@ingramcontent.com

Tom Lupoff

Sales Representative, Special Markets
tom.lupoff@ingramcontent.com

Gift Sales

Allison Jones

Gift Sales Manager
allison.jones@ingramcontent.com

Anne McGilvray & Company

Atlanta Gift Mart
Building 2, #1718
40 John Portman Boulevard
Atlanta, GA 30303
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Fax: 214-638-4535
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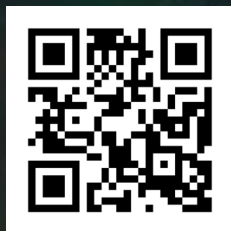
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